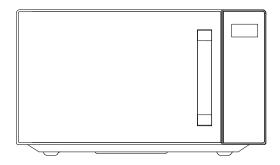


MODEL: 23BC5

CONVECTION MICROWAVE OVEN User Manual



PLEASE READ THESE OWNERS'S MANUAL INSTRUCTION CAREFULLY BEFORE OPERATION AND KEEP IT FOR FUTURE REFERENCE.

Please record the details of your microwave oven below for future reference:
Serial no:
Purchase Date:
Warranty:
Customer conv.

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PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- 1.Do not attempt to operate this oven with the door open since open door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
- 2.Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- 3.Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the
 - 1) Door (bent),
 - 2) Hinges and latches (broken or loosened),
 - 3) Door seals and sealing surfaces.
- 4. The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

	SPECIFICATIONS
Power Supply	230V/ 50Hz
Power Consumption (Microwave)	1400W
Power Consumption (Grill)	950W
Power Consumption (Convection)	1850W
Rated Microwave Power Output:	900W
Operation Frequency:	2450MHz
Outside Dimensions:	281mm(H)×483mm(W)×400mm(D)
Oven Cavity Dimensions:	220mm(H)×340mm(W)×320mm(D)
Oven Capacity:	23Litres
Cooking Uniformity:	Turntable System
Net Weight:	Approx. 15.7Kg.

INSTALLATION

- 1. Make sure that all the packing materials are removed from the inside of the door.
- 2.WARNING: Check the oven for any damage, such as misaligned or bent door, damaged door seals and sealing surface, broken or loose door hinges and latches and dents inside the cavity or on the door. If there is any damage, do not operate the oven and contact qualified service personnel.
- 3. This microwave oven must be placed on a flat, stable surface to hold its weight and the heaviest food likely to be cooked in the oven.
- 4.Do not place the oven where heat, moisture, or high humidity are generated, or near combustible materials.
- 5. For correct operation, the oven must have sufficient airflow. Allow minimum 20cm of free space necessary above the top surface of the oven and 5cm at both sides. The microwave oven rear plate must be placed close to the

- wall. Do not cover or block any openings on the appliance. Do not remove feet.
- 6.Do not operate the oven without glass tray, roller support, and shaft in their proper positions.
- 7.Make sure that the power supply cord is undamaged and does not run under the oven or over any hot or sharp surface.
- 8. The socket must be readily accessible so that it can be easily unplugged in an emergency.
- 9.Do not use the oven outdoors.
- 10. The microwave oven should be operated at the same voltage as that specified on the rating label.

IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliance basic safety precautions should be followed, including the following:

WARNING: To reduce the risk of burns, electric shock, fire, injury to persons or exposure to excessive microwave energy:

- 1.Read all instructions before using the appliance and keep for future reference.
- 2.Use this appliance only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook or dry food. It is not designed for industrial or laboratory use.
- 3.Do not operate the oven when empty.
- 4.Do not operate this appliance if it has a damaged cord or plug, if it is not working properly or if it has been damaged or dropped. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
- 5. Warning: When the appliance is operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.
- 6.WARNING: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
- 7.To reduce the risk of fire in the oven cavity:
- a)When heating food in plastic or paper container, check the oven frequently to the possibility of ignition.
- b)Remove wire twist-ties from paper or plastic bags before placing bag in oven.
- c)If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- d)Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
- e)The microwave oven is intended for heating food and beverages. Drying of clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
- 8.WARNING: Liquid or other food must not be heated in sealed containers since they are liable to explode.
- 9. Microwave heating of beverage can result in delayed eruptive boiling, therefore care has to be taken when handle the container.
- 10.Do not fry food in the oven. Hot oil can damage oven parts and utensils and even result in skin burns.
- 11.Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode even after microwave heating has ended.
- 12. Pierce foods with heavy skins such as potatoes, whole squashes, apples and chestnuts before cooking.
- 13. The contents of feeding bottles and baby jars should be stirred or shaken and the temperature should be checked before serving in order to avoid burns.
- 14. Cooking utensils may become hot because of heat transferred from the heated food. Potholders may be needed to handle the utensil.
- 15. Utensils should be checked to ensure that they are suitable for use in microwave oven.
- 16.**WARNING**: It is hazardous for anyone other than a trained person to carry out any service or repair operation which involves the removal of any cover which gives protection against exposure to microwave energy.
- 17. This product is a Group 2 Class B ISM equipment. The definition of Group 2 which contains all ISM (Industrial, Scientific and Medical) equipment in which radio-frequency energy is intentionally generated and/or

- used in the form of electromagnetic radiation for the treatment of material, and spark erosion equipment. For Class B equipment is equipment suitable for use in domestic establishments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purpose.
- 18. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- 19. Children should be supervised to ensure that they do not play with the appliance.
- 20. The microwave oven is only used in freestanding.
- 21.WARNING: Do not install oven over a range cook top or other heat-producing appliance. If installed could be damaged and the warranty would be avoid. .
- 22. The microwave oven shall not be placed in a cabinet.
- 23. The door or the outer surface may get hot when the appliance is operating.
- 24. Warning: Accessible parts may become hot during use. Young children should be kept away.
- 25. During use the appliances becomes hot. Care should be taken to avoid touching heating elements inside the oven, for cooking ranged and ovens.
- 26.WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person
- 27. The instructions shall state that appliances are not intended to be operated by means of an external timer or separate remote-control system.
- 28. The microwave oven is for household use only and not for commercial use.
- 29. Never remove the distance holder in the back or on the sides, as it ensures a minimum distance from the wall for air circulation.
- 30. Please secure the turntable before you move the appliance to avoid damages.
- 31.Caution: It is dangerous to repair or maintain the appliance by no other than a specialist because under these circumstances the cover have to be removed which assures protection against microwave radiation. This applies to changing the power cord or the lighting as well. Send the appliance in these cases to our service centre.
- 32. The microwave oven is intended for defrosting, cooking and steaming of food only.
- 33.Use gloves if you remove any heated food.
- 34. Caution! Steam will escape, when opening lids or wrapping foil.
- 35. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not be made by children unless they are aged from 8 years and above and supervised.
- 36.If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.

RADIO INTERFERENCE

Operation of the microwave oven can cause interference to your radio, TV, or similar equipment.

When there is interference, it may be reduced or eliminated by taking the following measures:

- 1.Clean door and sealing surface of the oven.
- 2. Reorient the receiving antenna of radio or television.
- 3. Relocate the microwave oven with respect to the receiver.
- 4. Move the microwave oven away from the receiver.
- 5.Plug the microwave oven into a different outlet so that microwave oven and receiver are on different branch circuits.

GROUNDING INSTRUCTIONS

This appliance must be grounded. This oven is equipped with a cord having a grounding wire with a grounding plug. It must be plugged into a wall receptacle that is properly installed and grounded. In the event of an electrical short circuit, grounding reduces risk of electric shock by providing an escape wire for the electric current. It is recommended that a separate circuit serving only the oven be provided. Using a high voltage is dangerous and may result in a fire or other accident causing oven damage.

WARNING Improper use of the grounding plug can result in a risk of electric shock.

Note:

- 1.If you have any questions about the grounding or electrical instructions, consult a qualified electrician or service person.
- 2. Neither the manufacturer nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the electrical connection procedures.

The wires in this cable main are colored in accordance with the following code:

Green and Yellow = EARTH

Blue/ Black = NEUTRAL

Brown/ Red = LIVE

MICROWAVE COOKING PRINCIPLES

- 1. Arrange food carefully. Place thickest areas towards outside of dish.
- 2. Watch cooking time. Cook for the shortest amount of time indicated and add more as needed. Food severely overcooked can smoke or ignite.
- 3. Cover foods while cooking. Covers prevent spattering and help foods to cook evenly.
- 4.Turn foods over once during microwaving to speed cooking of such foods as chicken and hamburgers. Large items like roasts must be turned over at least once.
- 5.Rearrange foods such as meatballs halfway through cooking both from top to bottom and from the center of the dish to the outside.

BEFORE YOU CALL FOR SERVICE

If the oven fails to operate:

- 1. Check to ensure that the oven is plugged in securely. If it is not, remove the plug from the outlet, wait 10 seconds, and plug it in again securely.
- 2.Check for a blown circuit fuse or a tripped main circuit breaker. If these seem to be operating properly, test the outlet with another appliance.
- 3. Check to ensure that the control panel is programmed correctly and the timer is set.
- 4.Check to ensure that the door is securely closed engaging the door safety lock system. Otherwise, the microwave energy will not flow into the oven.

IF NONE OF THE ABOVE RECTIFIES THE SITUATION, THEN CONTACT A QUALIFIED TECHNICIAN. CALL ON THE IFB CARE NUMBER MENTIONED ON THE ON PRODUCT STICKER. DO NOT TRY TO ADJUST OR REPAIR THE OVEN YOURSELF.

UTENSILS GUIDE

- 1.Microwave cannot penetrate metal. Only use utensils that are suitable for use in microwave ovens. Metallic containers for food and beverages are not allowed during microwave cooking. This requirement is not applicable if the manufacturer specifies size and shape of metallic containers suitable for microwave cooking.
- 2.Microwave cannot penetrate metal, so metal utensils or dishes with metallic trim should not be used.
- 3.Do not use recycled paper products when microwave cooking, as they may contain small metal fragments which may cause sparks and/or fires.
- 4.Round /oval dishes rather than square/oblong ones are recommend, as food in corners tends to overcook.
- 5.Narrow strips of aluminum foil may be used to prevent overcooking of exposed areas. But be careful don't use too much and keep a distance of 1 inch (2.54cm) between foil and cavity.

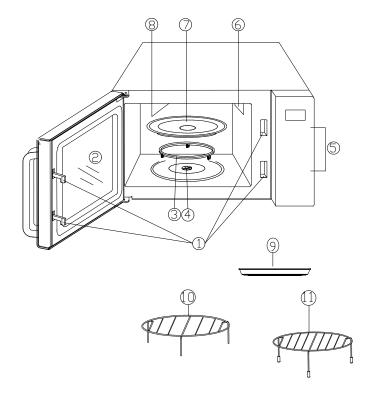
The list below is a general guide to help you select the correct utensils.

Cookware	Microwave	Grill	Convection	Combination*
Heat-Resistant Glass	Yes	Yes	Yes	Yes
Non Heat–Resistant Glass	No	No	No	No
Heat-Resistant Ceramics	Yes	Yes	Yes	Yes
Microwave–Safe Plastic Dish	Yes	No	No	No
Kitchen Paper	Yes	No	No	No
Metal Tray	No	Yes	Yes	No
Metal Rack	No	Yes	Yes	No
Aluminum Foil & Foil Container	No	Yes	Yes	No

^{*} Combination: applicable for both "microwave+grill", and "microwave+convection" cooking.

PART NAMES

- 1. Door Safety Lock System
- 2. Oven Window
- 3. Roller Ring
- 4. Shaft
- 5. Control Panel
- Wave Guide(Please do not remove the mica plate covering the wave guide)
- 7. Glass Tray
- 8. Grill Heater
- 9. Baking Plate
- 10. Metal Rack 1
- 11. Metal Rack 2



CONTROL PANEL



DISPLAY SCREEN

Cooking time, power, indicators and clock time are displayed.

NUMBER PADS

Use to enter clock, cooking time, temperature, etc.

QUICK COOK BUTTONS

Instant settings to cook popular foods.

REHEAT

Press to set reheat function.

STEAM CLEAN/ DEODORIZE

Press to use steam to clean the oven inside.

Press to set a deodorize program.

KEEP WARM/FERMENT

Press to set the oven to operate at keep warm and fermentation mode.

DISINFECT

Set the disinfection function

MICROWAVE POWER LEVEL

Press to select microwave power level.

GRILL/ MICRO.+ GRILL

Press to set a grill-cooking program.

Press to select one of two combination cooking settings.

CONV/MICRO+CONV

Press to program convection cooking or micro+convection cooking.

TIMER/CLOCK

Use to set the clock and the oven timer.

WEIGHT DEFROST

Touch to set a defrost program by the weight you entered.

STOP/RESET

Touch to stop cooking program or clear all previous settings before cooking starts.

It also used to set child lock.

POWER SAVE

Press to set power saving mode.

START/EXPRESS COOK

Press to start a cooking program or to start the oven to cook at 100% power level quickly.

OFC-H1/H2 MENUS

Press to set H1/H2 function or H1/H2 menu cooking program.

HOW TO SET THE OVEN CONTROLS

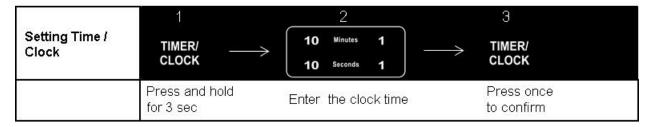
- *When the oven first plugged in, beep will sound and the display will show"1:01" and "CLOCK".
- •After cooking ends, the screen will display End with sound every two minutes until user press any pad or open the door.
- During cooking setting mode, the oven will return to waiting mode if there is not any operation within 20 seconds.
- •During cooking, if press STOP/RESET pad once or open the door, the program will be paused, then press START/EXPRESS COOK pad to resume, but if press STOP/RESET pad twice, the program will be canceled.
- •The electronically control system of the microwave oven has the feature of cooling. As for any cooking mode with cooking time above 2 minutes, the oven fan will work about 3 minutes automatically to cool the oven for prolonging the life of the oven.

SETTING THE CLOCK

This is a 12 or 24 hours cycle. You can choose it by touching TIMER/CLOCK pad.

FOR EXAMPLE: Suppose you want to set the oven clock time to 8:30.

- 1.In standby mode, press and hold TIMER/CLOCK pad for 3 seconds to choose 12 hour clock (if you want to choose 24 hour clock, press the pad again).
- 2.Use the number pads to enter clock time"8:30".
- 3.Press TIMER/CLOCK to confirm.

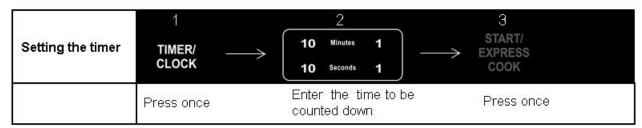


SETTING THE OVEN TIMER

To use the timer feature, as when you need to be reminded the cooking time or some other things.

- 1.Press TIMER/CLOCK button once.
- 2.Use the number pads to enter the time to be counted down. The longest time you can set is 99 minutes and 99 seconds.
- 3. Press START/EXPRESS COOK button.

NOTE: During timing countdown, press TIMER/CLOCK pad once, time countdown can be seen in display for 3 seconds, press STOP/RESET to cancel the function within these 3 seconds.



EXPRESS COOKING

Use this feature to program the oven to start at 100% power conveniently. The max time can be set is 10minutes Open the oven door and place the food, close it. Press START/EXPRESS COOK button in quick succession to set the cooking time and the oven will auto-start cooking.

Express cooking	1 START/ EXPRESS COOK
	Keep pressing in quick succession to set the cooking time (Max 10 minutes)

MICROWAVE COOKING

Microwave cooking allows you to customize cooking power and time. First, you select a power level by pressing the MICROWAVE POWER LEVEL button (see the table below). Then use number pad enter cooking time. Maximum cooking time you can set is 99 minutes and 99 seconds. The oven will start cooking after user press START/EXPRESS COOK pad.

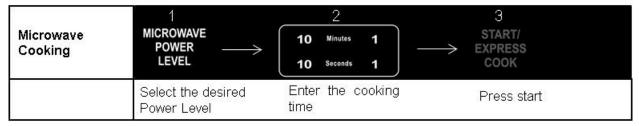
Suppose you want to cook for 5 minute at 60% power level.

- 1. Open the oven door and place the food, close it.
- 2.Press MICROWAVE POWER LEVEL button a number of times till the screen show the intended power.

Press MICROWAVE POWER LEVEL button	Power Level
Once	100%(P-HI)
Twice	90%(P-90)
Thrice	80%(P-80)
4 times	70%(P-70)
5 times	60%(P-60)
6 times	50%(P-50)
7 times	40%(P-40)
8 times	30%(P-30)
9 times	20%(P-20)
10 times	10%(P-10)
11 times	0%(P-00)

- 3.Use the number pads to enter time.
- 4.Press START/EXPRESS COOK button to start.

NOTE: You can check the power while cooking is in progress by pressing the MICROWAVE POWER LEVEL button. If you need a 100% power cooking program, you can omit the second step.



GRILL

Maximum cooking time is 99 minutes and 99 seconds.

Suppose you want to program grill cooking for 12 minutes.

- 1. Open the oven door and place the food, close it.
- 2.Press GRILL/MICRO+GRILL button once
- 3.Use the number pads to enter cooking time.
- 4.Press START/EXPRESS COOK button.



MICROWAVE +GRILL

The maximum cooking time here is 99 minutes and 99 seconds.

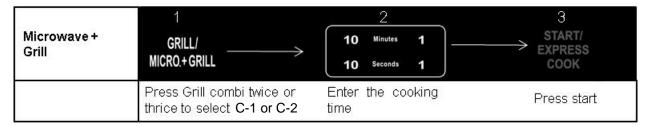
Suppose you want to set combination cooking for 25 minutes.

- 1. Open the oven door and place the food, close it.
- 2.Press GRILL/MICRO+GRILL button twice or thrice

Press GRILL/MICRO+GRILL button	Combination	Cooking time	
FIESS GIVIEL/MICIOTOTOLILE BUILDIN	Combination	Microwave	Grill
Twice	C-1, "GRILL", "MICRO"	30%	70%
Thrice	C-2, "GRILL", "MICRO"	55%	45%

- 3.Use the number pads to enter cooking time.
- 4. Press START/EXPRESS COOK to start.

NOTE: During cooking, you can see the combination cooking power level by pressing GRILL/MICRO+GRILL button.



CONVECTION

During convection cooking, hot air is circulated throughout the oven cavity to brown and make crisp foods quickly and evenly. This oven can be programmed for ten different cooking temperatures. Maximum cooking time for convection is 99 minutes and 99 seconds.

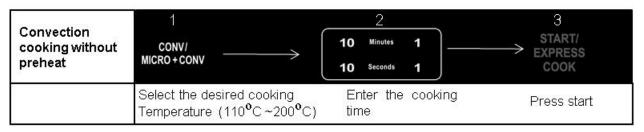
To Cook with Convection

To cook with convection, press CONV/MICRO+CONV button repeatedly to enter the desired convection temperature. (110~200 $^{\circ}$ C)

Suppose you want to cook at 180°C for 40 minutes.

- 1. Open the oven door and place the food, close it.
- 2.Press CONV/MICRO+CONV button repeatedly to select cooking temperature as shown on screen.
- 3.Use the number pads to enter cooking time.
- 4. Press START/EXPRESS COOK button to start.

NOTE: You can check the convection temperature while cooking is in progress by pressing the CONV/MICRO+CONV button.



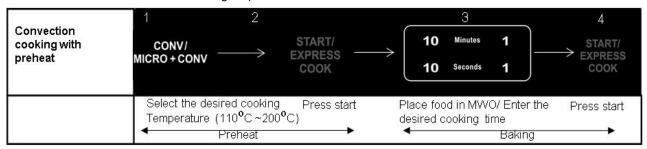
To Preheat and Cook with Convection

Your oven can be programmed to combine preheating and convection cooking operations.

Suppose you want to preheat to 170°C and then cook 35 minutes.

- 1. Open the oven door and place the food, close it.
- 2.Press CONV/MICRO+CONV button repeatedly to select cooking temperature as shown on screen.
- 3.Press START START/EXPRESS COOK button to start. Beeps will sound when the designated temperature is reached.
- 4. Open the door and place container of food at the center of the turntable.
- 5.Use the number pads to enter cooking time.
- 6. Press START/EXPRESS COOK button to start.

NOTE: You can check the convection temperature while cooking is in progress by pressing the CONV/MICRO+CONV button. The longest preheat time is 30 minutes and this time can not be set.



MICROWAVE + CONVECTION

This oven has four pre-programmed settings that make it easy to cook with both convection heat and microwave automatically.

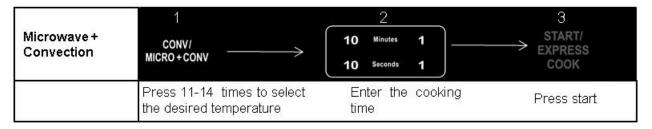
Press CONV/MICRO+CONV button repeatedly to program convection temperature:

	Touch	Temperature(°C)
Comb1	11 times	110
Comb2	12 times	140
Comb3	13 times	170
Comb4	14 times	200

Suppose you want to cook for 24 minutes on COMB3.

- 1. Open the oven door and place the food, close it.
- 2.Press CONVE/MICRO+CONV button 13 times.
- 3.Use the number pads to enter cooking time. Maximum cooking time you can set is 99 minutes and 99 seconds.
- 4. Press START/EXPRESS COOK button to start.

NOTE: You can check the convection temperature while cooking is in progress by pressing the CONV/MICRO+CONV button.

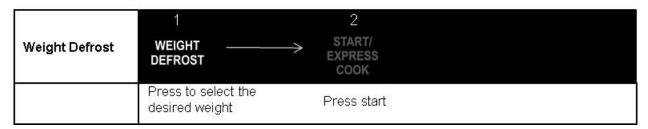


WEIGHT DEFROST

Suppose you want to defrost 200g frozen food.

- 1. Open the oven door and place the food, close it.
- 2. Press WEIGHT DEFROST repeatedly to set 200g.
- 3. Press START/EXPRESS COOK to start.

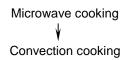
NOTE: During defrosting process, the oven will sound and pause to remind you to turn over the food and then press START/EXPRESS COOK to resume. You can set the weight from 100g to 1800g.



MULTI-STAGE COOKING

Your oven can be programmed for up to 3 automatic cooking sequences.

Suppose you want to set the following cooking program.



- 1. Open the oven door and place the food, close it.
- 2.Set a microwave cooking program. Do not touch START/EXPRESS COOK pad.
- 3.Set a convection cooking program
- 4.Press START/EXPRESS COOK button to start.

NOTE: Menu cook, weight defrost, express cooking, deodorizer, keep warm function, steam clean, disinfect and ferment cannot be set in a multi-stage cooking program.

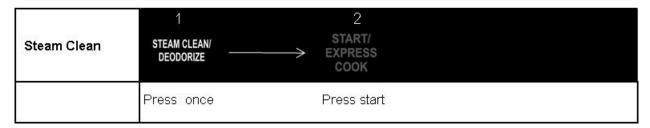
REHEAT FUNCTION

- 1.In standby mode, press REHEAT pad repeatedly, the display will show "rH:01".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press REHEAT pad repeatedly to choose food weight.
- 4. Press START/EXPRESS COOK pad start cooking.

Reheat	1	2	3	4
	REHEAT	START/EXPRESS COOK	REHEAT	START/EXPRESS COOK
	Press REHEAT repeatedly	Press Once	Press REHEAT repeatedly to select food weight (200 to 800 gms)	Press Start

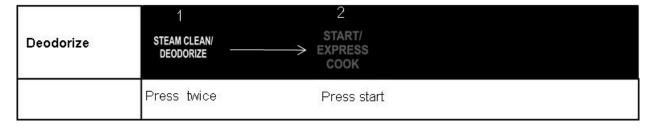
STEAM CLEAN FUNCTION

- 1.In standby mode, press STEAM CLEAN/DEODORIZE pad once, the display will show "CLEAN".
- 2.Press START/EXPRESS COOK button to start.



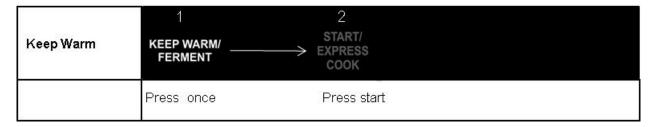
DEODORIZE FUNCTION

- 1.In standby mode, press STEAM CLEAN/DEODORIZE pad twice.
- 2.Press START/EXPRESS COOK button to start.



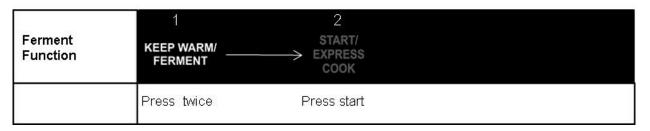
KEEP WARM FUNCTION

- 1.In standby mode, press KEEP WARM/FERMENT pad once.
- 2.Press START/EXPRESS COOK button to start.



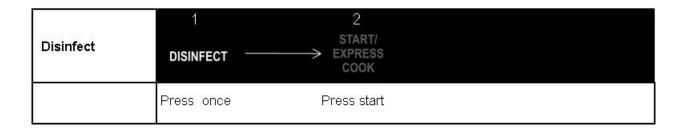
FERMENT FUNCTION

- 1.In standby mode, press KEEP WARM/FERMENT pad twice.
- 2.Press START/EXPRESS COOK button to start.



DISINFECT FUNCTION

- 1.In standby mode, press DISINFECT pad once.
- 2.Press START/EXPRESS COOK button to start.

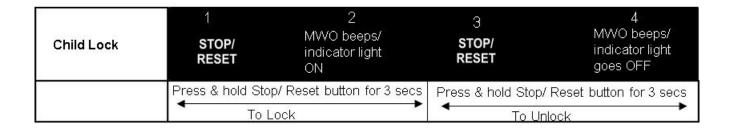


CHILD PROOF LOCK

The childproof lock prevents unsupervised operation by little children.

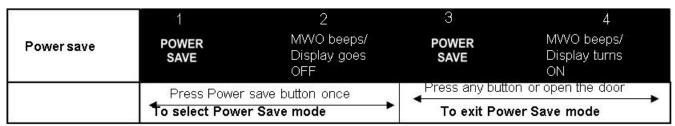
To set the child proof lock: Press STOP/RESET button for 3 seconds, then a beep will sound and the indicator light will turn on. In the lock state. Other buttons are disabled.

To cancel the child proof lock: Press STOP/RESET button for 3 seconds, then a beep will sound and the indicator light will turn off.



POWER SAVE

In standby mode or child lock mode, press POWER SAVE pad once, beep will sound and the oven backlight turn off and the oven enter to power save mode. Press any button or open the oven door can exit power save mode.



AUTOMATIC PROTECTION MECHANISM

- 1. When the system enters into super high temperature protection status, the digital display shows "E01" and continues to beep till troubleshooting and then press STOP/RESET the system comes back to normal condition.
- 2. While entering into low temperature protection status, the system sounds beeps and the display shows "E02" until till troubleshooting and then press STOP/RESET the system comes back to normal condition.
- 3. The system enters into protection mode when the system sensor is Short Circuited. The display shows "E03" and continues to beep until troubleshooting and then press STOP/RESET the system comes back to normal condition. Call consumer service to check and replace the faulty sensor.

AUTO MENU

It is not necessary to program the cooking time and power level. The oven has 10 categories auto cook menus.

CAKE/CARAMEL

- 1.In standby mode, press CAKE/CARAMEL pad repeatedly to choose submenu code, the display will show "CA:**".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press CAKE/CARAMEL pad repeatedly to choose food weight.
- 4.Press START/EXPRESS COOK pad start cooking.

Recipe code	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		
CA:01	Chocolate Cake	0.350Kg.	Baking cake	Ingredients	350 gms.	
			tin-6 inch	Refined flour	115 gms.	
				Butter	55 gms.	
				Eggs	2 Nos.	
				Powdered	85 gms.	
				Sugar		
				Baking	1 tsp.	
				Powder		
				Soda Bi-carb	1/2 tsp.	
				Milk	as required	
				Cocoa	2 tbsp.	
				Powder		
				Chocolate	1 tsp.	
				essence		
				Cooking Method		
				1 .Sieve the fl	our with the ba	aking powder,
				cocoa powder	and soda bicart	oonate. Whisk
				the butter and	sugar until lig	ght and fluffy.
				Add eggs and	beat well. Add	the essence
				and fold in the	e refined flour	with sufficient
				milk to make a	a soft consister	ncy. Pour in a
				greased and lin	ed 6" baking ro	und cake tin.
				2 .Select the n	nenu and press	s START. The
				microwave o	ven will pr	eheat. After
				preheating, pla	ace the baking	tin on glass
				turntable and press START.		
				3. After baking,	cool the cake of	on a wire rack.
				Cut and serve.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
CA:02	Chocolate	0.300Kg.	Baking cake	Ingredients	300 gms.
	Brownie		tin	Refined flour	100 gms
				Butter	75 gms
				Eggs	2 Nos.

	Channed	2 th ===	1
	Chopped Almonds	3 tbsp.	
	Powdered	80 gms.	
	Sugar	oo giiis.	
	Baking	1 tsp.	
	Powder	'	
	Milk	1 cup	
	Chocolate	1 tsp	
	essence		
	Cocoa	2 tbsp.	
	powder		
	Hot water	1/2 cup	
	Cooking Metho	d	
	1.Sieve the flo	our with baking	powder and
	keep aside. Mi	x the cocoa p	owder with 1/2
	cup of hot water	er. In another b	owl, whisk the
	powder sugar a	and butter toge	ether. Add the
	eggs, essence	e and mix w	ell. Add the
	almonds to the	refined flour	and mix well.
	Combine the	maida mix wi	th the butter
	mixture. Add the	e cocoa solutio	n to it and mix
	well. For spoo	n dropping co	nsistency add
	milk. Pour the	mixture in a so	quare greased
	8" baking tin.		
	2.Select the m	enu and press	START. The
	microwave o	ven will pr	eheat. After
	preheating, Pla	ce the baking ti	n on the glass
	turntable and p	ress START.	
	3.After baking,	cool the brown	nies on a wire
	rack. Cut and s	erve.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
CA:03	Crème Caramel	600 ml	Microwave	Ingredients	
			safe glass	Milk	2 + 1/2 Cup
			bowl/	Sugar	8tsp
			Tawa+Small	Milk Powder	1tsp
			pudding	Vanilla	1tsp
			moulds-6nos	Essence	
				Vanilla	1tsp
				Custard	
				Powder	
				Eggs	3nos.
				Sugar	3tbsp

	Caramel		
	Cooking Meth	od	
	1. Milk egg r	nixture prepara	ation method:
	Mix sugar, m	ilk powder,cust	ard powder in
	milk. Pour th	ne milk mixtur	e in a deep
	microwave pro	oof bowl .Selec	ct the menu &
	press START.		
	2. When been	ep, Stir the m	ilk and press
	START. Cool t	he milk custard	once cooked.
	3. Beat eggs	and essence, I	Mix in the milk
	custard.		
	4. Pour sugar	caramel in 6 sr	mall heat proof
	pudding mould	ds and let set fo	r a minute.
	5. Pour egg m	ixture in the mo	ulds. Place the
	moulds on taw	a.	
	6 .Place the ta	wa along with o	custard moulds
	on glass turnta	able and press S	START.
	7.Upon beep	, cool, refrige	rate & Serve
	Chilled.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	nts & Cooking	Method
code		2.50014	5		144 = 500	
CA:04	Eggless Cake	0.500Kg.	Baking cake	Ingredients	Wt 500	
			tin		gms	
				Maida	150 gm	
				Butter	100 gm	
				Powdered	2 tsp.	
				Sugar		
				Baking	1 tsp	
				Powder		
				Vanila	1 tsp	
				essence		
				Milkmaid	125 gms.	
				Soda bi carb	1/2 tsp.	
				Cooking Meth	od	1
				1.Sieve Maida	with baking p	owder & soda
				and keep asid	le. Cream but	ter with sugar
				& milkmaid u	ntil creamy. Ac	dd essence &
				mix .Fold in ma	aida, alternative	ely adding milk
					istency achieve	
					with butter and	

	batter in it.
	2.Select the menu and press START
	(preheat mode).Mwo will beep once
	preheated.
	3.Place the cake tin on the glass turntable
	and press START.
	4.After baking cool the cake on wire rack.
	Cut and serve.

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	nts & Cooking	Method
code						
CA:05	Marble Cake	0.600Kg.	Baking cake	Ingredients	Wt 600gm	
			tin	Refined flour	150 gms	
				Eggs	3nos.	
				Butter	150 gms.	
				Sugar	150gms	
				Baking	1 tsp	
				Powder		
				Vanilla	1 tsp	
				essence		
				Cocoa	2 tbsp	
				Powder		
				Milk or water	As required	
				Cooking Meth	od :	
				1. Whisk the	butter and sug	gar. Gradually
				add eggs and	beat the mix	ture. Add the
				sieved maida	and baking pov	wder. Add the
				essence. Add	water as require	ed to bring it to
				dropping cons	istency.	
				2. Divide the r	mixture in two p	parts. Add the
				cocoa powder	in one part. Po	our the vanilla
				batter and co	ocoa batter alt	ernately in a
				greased bakin	g square cake	tin (6.25inch).
				Run a spoon the	hrough the batte	er once.
				3. Select the	program and	oress START.
				The microway	/e oven will p	oreheat. After
				preheating, pl	ace the bakin	g tin on the
				glass turntable	and press STA	ART.
				4. After bakin	g, cool the ca	ke on a wire
				rack. Cut and	serve.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	nts & Cooking	Method
CA:06	Microwave	0.125Kg.	Silicon muffin	Ingredients	Wt125	
0,00	Chocolate Cake	0.1201\g.	moulds	Refined flour	100 gms	
	Muffins			Eggs	2nos.	
				Butter	100 gms.	
				Powder	100 gms	
				Sugar	· ·	
				Baking	½ tsp	
				Powder		
				Cocoa	1 tbsp	
				Powder		
				Milk or water	1tbsp	
				Cooking Metho	od :	
				1. Whisk the	butter and sug	gar. Gradually
				add eggs and	I beat the mix	ture. Add the
				sieved maida,	cocoa and ba	aking powder.
				Add water as r	equired to bring	it to dropping
				consistency.		
				2. Pour the c	ake batter in	silicon muffin
				moulds.		
				3. Select the p	rogram and pre	ss START.
				4. After cook	king, Serve w	ith chocolate
				sauce or ice cr	eam	

Recipe	Recipe Name	Weight Range	Utensils	Ingredier	nts & Cooking	Method
code						
CA:07	Orange Muffins	0.380Kg.	Muffin	Ingredients	Wt 380 gm	
			Moulds/Tawa/Low	Refined flour	100 gms	
			Rack	Butter	60 gms.	
				Eggs	2 No.	
				Orange Juice,	20 ml	
				Sugar	100gms	
				Orange Rind	2tbsp.	
				Baking Powder	1/4 th tsp.	
				Cooking Me	thod	
				1. Sieve toge	ether the flour	and baking
				powder and ke	eep aside.	
				2. Whisk the	butter and sug	gar until light

	and fluffy.
	3. Whisk the eggs and orange rind.
	Gradually mix the egg into the
	sugar-butter mixture.
	4. Alternately add orange juice, mixing
	well after each addition, Gradually fold in
	flour. Put into greased muffin moulds.
	5. Select the program and press START.
	The microwave oven will preheat. After
	preheating, place the muffin moulds on
	the tawa, and place it on a low rack in
	microwave oven and press START.
	6. After baking, cool the muffins on a wire
	rack.

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	nts & Cooking	Method
code						
CA:08	Dates Muffins	0.200Kg.	Low rack	Ingredients	Wt 500gm	
			/Heat	Maida	100 gm.	
			resistant	Powdered	100 gms.	
			muffin moulds	Sugar		
				Baking	1/2tsp.	
				Powder		
				Eggs	2 Nos.	
				Vanilla	1/2 tsp.	
				Essence		
				Butter	100gms	
				Dates	150 gms	
				(chopped)		
				Cooking Meth	od :	
				1. Sieve tog	ether the flou	r and baking
				powder and ke	eep aside.	
				2. Whisk the b	utter and sugar	until light and
				fluffy.		
				3. Gradually	mix the e	gg into the
				sugar-butter m	nixture. Fold in t	flour mix.
				4. Mix in C	hopped Dates	, add vanilla
				essence and	pour the cal	ce mixture in
				muffin moulds		
				5. Select	the menu	and press
				START(preh	eat mode). M\	NO will beep

		once preheated.
		6. Place the muffin moulds on the tawa,
		and place it on a low rack in microwave
		oven and press START.
		7. After baking cool the muffin moulds on
		wire rack.

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	nts & Cooking Method	
CA:09	Sponge Cake	0.450Kg.	cake tin	Ingredients	Wt 450 gm	
				Refined flour	100 gm	
				Butter	90 gm	
				Eggs	2 nos.	
				Powdered	100 gm	
				Sugar		
				Baking	1 tsp	
				Powder	·	
				Vanila	1 /2 tsp	
				essence		
				Milk	As required.	
				Cooking Met	hod	
				1. Sieve the	flour with the baking po	wder
				thrice and kee	p aside. Whisk the butte	r and
				powdered sug	gar until light and fluffy.	Beat
				eggs, essenc	e and add to the crea	amed
				mixture little	by little, beating thoro	ughly
				between each	addition. Fold in the fl	our a
				little at a tim	ne. Pour the cake batt	er in
				greased bakin	g tin (6inch).	
				2. Select the	program and press ST	TART.
				The microwa	ve oven will preheat.	After
				preheating, p	lace the baking tin or	n the
				glass turntable	e and press START.	
				3. After bakir	ng, cool the cake on a	wire
				rack. Cut and	serve.	

TEA/COFFEE

- 1.In standby mode, press TEA/COFFEE pad repeatedly to choose submenu code, the display will show "tC:**".
- 2.Press START/EXPRESS COOK pad once.
- 3.Press TEA/COFFEE pad repeatedly to choose food weight.
- 4.Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe Name	Weight Range	Utensils	Ingredi	ents & Cod	king Meth	od
code							
tC:01	Kadak Chai	200 ml /400 ml	MWS safe	Ingredients	Wt	Wt	
			glass bowl		200	400 ml	
					ml.		
				Tea Leaves	2 tsp.	4 tsp	
				Milk	150ml	300ml	
				Sugar	1tsp	2 tsp	
				Tea Masala	As	per your ta	ste
				Ginger			
				Elaichi			
				Water	50ml	100ml	
				Cooking Met	hod :		
				In a micro	wave prod	of kettle	add all
				ingredients, a	nd Press St	art. Sieve a	and serve
				hot.			

Recipe	Recipe Name	Weight Range	Utensils	Ingredients ar	nd Cooking Me	thod
Code						
tC:02	Hot Coffee with	200 ml/400 ml	Microwave	Ingredients	200 ml	400ml
	Vanilla Ice cream		Safe Glass	Milk	200 ml	400ml
			Bowl	Sugar	1tbsp	2tbsp
				Coffee	1 tbsp	2 tbsp
				Powder		
				Cooking Meth	od	
				1. Pour the mil	k into a microw	ave safe glass
				bowl, add the	sugar and coffe	ee powder and
				mix well.		
				2. Place the b	oowl in the mid	crowave oven,
				select the prog	ram and press	START.
				3. Upon beep	, serve hot wi	th a scoop of
				vanilla Ice crea	am.	

SPAGHETTI

- 1.In standby mode, press SPAGHETTI pad repeatedly to choose submenu code, the display will show "SP:**".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press SPAGHETTI pad repeatedly to choose food weight.
- 4. Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	ents & Cooking	Method
code						
SP:01	Fusilli Pasta	0.100Kg.	MW safe	Ingredients	Wt 100 gm	Wt
	(boil)		Glass Bowl	Fusilli Pasta	100 gm	
				Salt	As per taste	
				Water	21/2 cups	
				Oil	1tbsp	
				Cooking Met	hod :	
				1. Add the pa	asta, water, sal	t and oil in a
				microwave sa	fe glass bowl a	and place it in
				the microwave	e oven.	
				2. Select the p	program and pre	ess START.
				3. Upon bee	p, drain the wa	ater from the
				pasta.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	Ingredients & Cooking Method	
code						
SP:02	Italian Pasta	0.100Kg.	MW safe	Ingredients	Wt 100 gm	
	(boil)		Glass Bowl	Penne Pasta	100 gm	
				Oil	1tbsp.,	
				Salt	As per taste	
				Water	3 1/2 cups	
				Cooking Meth	nod	
				1. Add the pa	asta, water, sal	t and oil in a
				microwave sa	fe glass bowl a	and place it in
				the microwave	e oven.	
				2.Select the p	rogram and pre	ss START.
				3.Upon beep	, drain the wa	ater from the
				pasta.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
SP:03	Spaghetti Pasta	0.100Kg.	MW safe	Ingredients	Wt 100 gm
	(boil)		Glass Bowl	Spaghetti	100 gm
				Pasta	
				Oil	1tsp.
				Water	3 1/2 cups

		Cooking Method
		1. Mix together the pasta, water ,salt and oil
		in a microwave safe glass bowl and place it
		in microwave oven.
		2. Select the program and press START.
		3.Upon beep, drain the water from the
		pasta. Add it to a soup or serve with stir
		fried vegetables.

Recipe	Recipe Name	Weight Range	Utensils	Ingredient	s & Cooking M	lethod
code	Delegania	0.0001/~	NAVA 4 -	In ava di anta	W4 200 am	
SP:04	Balsamic	0.300Kg.	MW safe	Ingredients	Wt 300 gm	
	Mushroom Pasta		Glass Bowl	Fettuccine	150 gm	
				Pasta		
				Butter	1tbsp.,	
				Water	2cups	
				Olive oil	1tbsp	
				Shallot	¼ cup	
				Garlic cloves	1/2tsp	
				minced		
				Mushrooms	200gms	
				(sliced)		
				Balsamic	1/4 th cup	
				vinegar		
				Milk cream	1/4 cup	
				Parmesan	½ cup	
				Cheese(grated)	+2tbsp for	
					garnishing	
				Parsley	1tbsp	
				(chopped)		
				Salt	To taste	
				Black pepper	½ tsp or as	
				powder	per taste	
				Cooking Method	t	
				1. In a large mic	rowave safe co	okware, add
				Fettuccine pasta	along with 2 c	ups of water
				place it in microw	ave oven.	
				2. Select menu a		T, Upon beep
				drain the water fr		
				with 1tbsp of oil a		

		3. In another large microwave safe cookware,	
		add butter, olive oil, shallots and garlic and	
		place it in microwave oven and press START	
		4.Upon beep, add sliced mushrooms,	
		Balsamic vinegar, cream, Parmesan cheese,	
		and boiled pasta and toss to combine. Add	
		salt as per taste.	
		5. Press START to continue cooking. Upon	
		beep sprinkle 2 tbsp Parmesan, Black pepper	
		powder and parsley and serve.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients	s & Cooking M	ethod
code						
SP:05	Asian Peanut	0.300Kg.	MW safe	Ingredients	Wt 300 gm	
	Spaghetti		Glass Bowl	Spaghetti	150 gm	
				Vegetable Stock	2cups	
				Peanut butter	1tbsp.	
				Crushed	75gms	
				Roasted		
				Peanuts		
				Mix vegetables	100gms	
				(Julienne carrot,		
				green peas,		
				cauliflower-small		
				florets)		
				Pasta Sauce	3tbsp	
				Cooking Method		
				1. In a large micr	rowave safe co	okware, add
				Spaghetti, mix ve	egetables, veg	etable stock
				and place it in mic	crowave oven.	
				2. Select Program	and press STA	ART.
				3. Upon beep, di	rain excess wa	iter, toss the
				pasta with peanut	butter, add pas	ta sauce and
				mix well.		
				4. Garnish with cr	ushed peanuts	and serve.

Recipe	Recipe Name	Weight Range	Utensils	Ingredien	ts & Cooking N	lethod
code					1	Г
SP:06	Spaghetti	0.600Kg.	MW safe	Ingredients	Wt 600 gm	
	Squash Shrimp		Glass Bowl	Squash	500 gm	
	scampi			Olive oil	1tbsp	
				Salt & Pepper	To taste	
				Dried Oregano	1tsp	
				Ingredients for si	hrimp scampi	
				Shrimp(peeled	100gms	
				& deveined)		
				Butter	1tbsp	
				Olive oil	1tbsp	
				Garlic powder	½ tsp	
				Chilli flakes	1/2tsp	
				Fresh parsley	1tbsp	
				Lemon juice	1tbsp	
				Cooking Method 1. Scoop the sidiscard. Drizzle with salt, pepper in the microwave 2. Select the method and the safely. Then so to shred the square 4. Add the butter in a borosil bowl 5. Then add in and press STAR	with olive oil and oregano. It is on glass turntanu and press Strit cool until your crape the inside ash into strands r, garlic powder and press STAI the shrimp, recombined the strands.	and sprinkle Place squash able. TART. u can handle es with a fork and olive oil RT.
				6. Upon beep,		ti of squash,
				Toss with lemon	juice. Top with	parsley and
				serve hot.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
SP:07	White Sauce for	0.200Kg.	MW safe	Ingredients	200 g
	Spaghetti		Glass Bowl	Unsalted butter	2 tbsp
				All-purpose flour	2 tbsp

		Milk		240ml	
		Salt		As per	
				taste	
		Pepper	(freshly	To taste	
		cracked)			
		Cooking	Method:		
		1. Add butter & flour in a microwave safe			
		cookware, and place it in the microwave.			nicrowave.
		2. Select	menu and	l press STA	RT.
		3. Pour m	nilk,and wl	nisk the mix	ture to prevent
		lumps for	rmation. A	dd salt and	pepper.Place it
		in the mwo and press START.			
		4. Upon beep, Stirr the contents so that no			
		lumps are formed , Place it in the mwo and			the mwo and
		press ST	ART.		

POTATO

- 1.In standby mode, press POTATO pad repeatedly to choose submenu code, the display will show "PA:**".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press POTATO pad repeatedly to choose food weight.
- 4. Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method			
Code							
PA:01	Potato (boil)	0.200Kg./0.400Kg.	Microwave	Ingredients	200 g	400 g	
			Safe Glass	Potatoes	200 g	400 g	
			Bowl	Water	2cups	3cups	
				Cooking Method			
				1. In a microwave safe glass bowl pou			
				water. Wash ar	nd cut the potat	oes into 8 pcs	
				each, and place	e them in the	bowl with the	
				water.			
				2. Place the b	owl in the mic	rowave oven,	
				select the men	u and press ST	ART.	
				3. Use the bo	iled potatoes	to cook dosa	
				subji /stuffed pa	aratha or stuffe	d veggies.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
PA:02	Dosa Subzi	0.200Kg.	Microwave	Ingredients	200 g	
			Safe Glass	Potato	200 g	
			Bowl	(Peeled and		

Onion 1 (Chopped) Finely 2–3 Chopped Green Chillies Salt To taste For	
Finely 2–3 Chopped Green Chillies Salt To taste For	
Chopped Green Chillies Salt To taste For	
Green Chillies Salt To taste For	
Chillies Salt To taste For	
Salt To taste For	
For	
Tempering	
Oil 1 tbsp	
Mustard 1/2 tsp	
Seeds	
Cumin Seeds 1/2 tsp	
Turmeric 1 pinch	
Powder	
Curry Leaves 2–3	
water ¼ cup	
Coriander 1tbsp	
Leaves	
Cooking Method	
1. Add the peeled and pricked potatoes	to
1/4 th cup of water in a microwave	safe
glass bowl, select the program and	
START.	
2. Add the oil, mustard seeds, cumin s	eeds,
curry leaves, green chillies, tur	meric
powder,salt and onions in a se	cond
microwave safe glass bowl and	press
START.	
3. Upon beep, mix well and add the b	oiled
chopped potatoes and press START.	
4. Garnish with coriander leaves.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
PA:03	Sweet Potato	0.300Kg.	Microwave	Ingredients	300 g	
	Vegetable		Safe Glass	Sweet Potatoes	2nos.	
	Patties		Bowl	(med. size)		
				~boiled		

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Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
PA:04	Potato Cumin	0.300Kg.	Microwave	Ingredients	300 g	
	Bread Rolls		Safe Glass	Sweet Potatoes	2nos.	
			Bowl	(med. size)		
				~boiled		
				Cumin powder	½ tsp	
				Chilli flakes	1tsp	
				Salt	To taste	
				Bread slices	4nos.	
				Ghee for roasting	1tbsp	
				Cooking Method		
				1. Peel and mash	the potatoes .	Mix in cumin
				powder, chilli flakes	and salt .kee	p aside.
				2. Trim the sides of	the bread and	I roll it out flat

		using the rolling pin. You will get a thin slice.
		3. Place the potato filling on one side and roll it
		tightly towards the other side. Apply some
		water to the end that you are going to cover
		and stick together.
		4.Place the bread rolls on greased
		tawa .Brush them with ghee, Select the menu
		and press START-(Oven will start preheating)
		5. Upon beep, Keep the tawa along with bread
		rolls in the microwave oven on the low rack
		and press START.
		6. Upon beep, flip the rolls and keep it back in
		microwave oven, and press START.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		
code						
PA:05	Potato Poha	0.300Kg.	MWS glass	Ingredients	300 gms.	
			bowl	Poha	150 gms.	
				Potato	200 gms.	
				chopped		
				(boiled)		
				Onion	1 Nos.	
				Chopped		
				Green Chili	2-1/2	
				<u>For</u>	As required	
				Tempering:		
				Mustard,		
				cumin,		
				asafetida,		
				turmeric,		
				Curry leaves		
				Oil	1tbsp	
				Salt and	As per taste	
				sugar		
				Water	2tbsp	
				For	As per your	
				Garnishing :	taste	
				Grated		
				Coconut &		
				Coriander		
				Groundnuts	3tbsp	

	(roasted)				
	Cooking Metho	Cooking Method			
	1. In MWS Bo	1. In MWS Bowl add oil mustard, cumin,			
	green chilli. Place The bowl in mwo .Select				
	menu & press S	TART.			
	2. When mwo	beep add onio	ons, potatoes,		
	turmeric powder,asafetida, curry leaves.				
	Keep the MWS	bowl in Microw	vave and then		
	press START.				
	3. When beeps	add washed F	Poha, 2tbsp of		
	water, salt and	sugar to taste.	Mix well and		
	keep it in the m	crowave oven.	Press START		
	to resume coo	king. Garnish	with coconut,		
	coriander and g	roundnuts. Serv	ve hot.		

POPCORN

- 1.In standby mode, press POPCORN pad repeatedly to choose submenu code, the display will show "PC:01".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press POPCORN pad repeatedly to choose food weight.
- 4. Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
PC:01	Butter Popcorn	0.099Kg.	Microwave	Ingredients	Wt 99 g	
			Safe	Corn in	99 g	
			Popcorn	microwave		
			Packaging	safe packing		
				Cooking Method		
				1. Remove the	plastic wrap ar	nd unfold bag,
				read all instruct	ions on the pac	kaging, place
				it in the microwa	ave oven, selec	t the program
				and press STAF	RT.	
				2. Upon beep, o	carefully remove	the bag from
				microwave; pou	ır popcorn in ba	wl & Enjoy.

PIZZA

- 1.In standby mode, press PIZZA pad repeatedly to choose submenu code, the display will show "PI:**".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press PIZZA pad repeatedly to choose food weight.
- 4. Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		
code						
PI:01	Mini Pizza	0.200Kg.	MW Low	Ingredients	200 gms.	
			Rack	Pizza base	2nos.	
			/tawa	Pizza spread	3 tbsp	
				or sauce		
				Mix	5 tbsp	
				vegetables		
				(Onion,		
				Tomato,		
				Capsicum)		
				Finely	As per your	
				chopped salt,	taste.	
				black pepper		
				powder,		
				oregano, chilli		
				flakes		
				Grated	3 tbsp	
				cheese		
				Oil :to apply	1tsp	
				on tawa		
				Cooking Metho	od	
				1.Cut the pizza	base with mou	lds.
				2.Apply pizza s	pread on pizza	base or sauce
				on it. Arrange	Mix vegetabl	es on pizza.
				Sprinkle salt, bl	ack pepper pov	vder, oregano,
				chilli flakes. Spi	rinkle grated ch	eese on it.
				3.Place low ra	ck on glass tu	rntable, Place
				Tawa on low r	ack, select me	nu and press
				START. (Prehe	at tawa).	
				4.When beep,	Place mini piz	zas on tawa,
				Press START to	o resume cooki	ng.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
PI:02	Pizza	0.200Kg.	MW Low	Ingredients	200 gms.
	(Precooked		Rack	Pizza base	1no.
	base)		/tawa	Pizza spread	3 tbsp
				or sauce	
				Mix	5 tbsp
				vegetables	

		(Onion,		
		Tomato,		
		Capsicum)		
		/Chicken		
		shredded		
		(optional)		
		Finely	As per your	
		chopped salt,	taste.	
		black pepper		
		powder,		
		oregano, chilli		
		flakes		
		Grated	3 tbsp	
		cheese		
		Oil: to apply	1tsp	
		on tawa		
		Cooking Metho	d	
		1.Apply pizza s	pread on pizza	base or sauce
		on it. Arrange	Mix vegetabl	es on pizza.
		Sprinkle salt, bl	ack pepper pov	vder, oregano,
		chilli flakes. Spi	inkle grated ch	eese on it.
		2.Place low ra	ck on glass tu	rntable, Place
		Tawa on low r	ack, select me	nu and press
		START. (Preheat tawa). 3.When beep, Place pizzas on tawa, Press		
		START to resur		
		2 :		

HOME MADE GHEE

5.In standby mode, press REHEAT pad repeatedly to choose submenu code, the display will show "rl:01".

- 6.Press START/EXPRESS COOK pad once.
- 7.Press REHEAT pad repeatedly to choose food weight.
- 8. Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		od
code						
rl:01	Ghee	0.500Kg.	MWS heat	Ingredients	500 gms.	
			resistant	Milk thick Cream	500 gms.	
			glass bowl	Cooking Method:		
				1. Take the milk cream in a microwave safe		
				glass bowl, place it in the microwave oven,		
				select the program and press START.		
				2. Upon beep, take out the bowl and let it		

		cool, then sieve to get pure ghee. Store in a
		glass jar.
		Note: Select the power level P40 and add
		cooking time if cream needs to cooks further
		to ease extract ghee.

MILK REHEAT

- 1.In standby mode, press REHEAT pad repeatedly to choose submenu code, the display will show "rl:02".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press REHEAT pad repeatedly to choose food weight.
- 4. Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe	Weight	Utensils	Ingredients & Cooking Method		
code	Name	Range				
rl:02	Milk Reheat	100ml to	Microwave	Ingredients	ml	
		200ml	safe glass	Milk	100/120/140/160/180/200	
			bowl	Reheating method:		
				Pour required quantity of milk into		
				a microwave-safe container. Select the program and		
				press START. Upon beep, stir well.		

CHICKEN

- 1.In standby mode, press CHICKEN pad repeatedly to choose submenu code, the display will show "CI:**".
- 2.Press START/EXPRESS COOK pad once.
- 3. Press CHICKEN pad repeatedly to choose food weight.
- 4. Press START/EXPRESS COOK pad start cooking.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
CI:01	Chicken	0.400Kg.	MWS heat	Ingredients	400 gms.
	Moussaka		resistant	Eggplants	2 nos.
			glass bowl	Olive oil	1tbsp
				Salt	To taste
				Meat mixture	
				Chicken kheema	150gms
				Onion	1/2
				Tomato paste	1 tbsp
				Tomato Puree	4tbsp
				Oregano	1 tsp
				handful of fresh	
				Parsley and Basil	1tsp each
				Salt	To taste

	Fresh	1/ 000	
	breadcrumbs	¼ cup	
	Egg whites	2 nos.	
	Oil	1tbsp	
	White Sauce	1 ½ cup	
	Freshly grated	As per	
	parmesan plus	choice	
	more for topping	0110100	
	Egg yolks	2 nos	
	Salt and Pepper	To taste	
	Cooking Method		
	Slice the eggplar	nts as thin as	you can and
	sprinkle with salt.		
	2. Let it sit for 20 mi	ns.Wash the	salt away.
	3. Meanwhile in a	microwave sa	afe dish, add
	oil, onion, chicken	kheema, to	mato puree,
	Season it with	n salt, p	epper and
	oregano .Select the	menu and pr	ress START.
	4. Mix parmesan o	heese and e	egg yolk with
	white sauce and ke	ep aside.	
	5. Arrange eggplar	nts, in a mic	crowave safe
	plate, brush with	1 tbsp oil, k	eep plate in
	microwave oven an	d press STAF	RT.
	6. Ready to assemb	ole	
	7. Add breadcrumb	s, parsley, b	asil and egg
	whites to meat mixt	ure.	
	8. Spray the 9 by 9	inch baking d	lish with oil.
	9. Layer eggplant a	t the bottom o	of the dish.
	10. Spoon the meat	mixture.	
	11. Keep alternating	ı it.	
	12. Top it with white	sauce.	
	13. Sprinkle with pa	rmesan chee	se.
	14. Place it in th	e microwave	e and press
	START.		-
	15. Serve it with cru	sty bread and	d enjoy.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		
code						
CI:02	Chicken Jalfreji	0.500Kg.	MW safe	Ingredients	500 g	
			Glass Bowl	Chicken	400 g	
				(Cut into		
				Medium		
				Size Pieces)		
				Onion	1	
				(Chopped)		
				Garlic	4-5 flakes	
				(Chopped)		
				Tomato	1/2 cup	
				Puree		
				Grated	1 tsp	
				Ginger		
				Garam	1 tsp	
				Masala		
				Cumin	1 tsp	
				Powder		
				Red Chilli	1 tsp	
				Powder		
				Lemon Juice	1/2 tsp	
				Turmeric	1 /2 tsp	
				Powder		
				Oil	3 tbsp	
				Chopped	1 No	
				Capsicum		
				Milk cream	1/2 cup	
				Salt	To taste	
				Cooking Metl	nod	
				1. Mix togethe	r the oil, onion,	ginger, garlic,
				turmeric pov	vder and ch	nicken in a
				microwave sa	fe glass bowl,	place it in the
				microwave o	ven, select th	e menu and
				press START.		
				2. Upon beep	add capsicum,	tomato puree,
				garam masal	a, cumin pow	der, red chilli
				powder, lemoi	n juice and salt	. Mix well and
				press START.	Upon beep, a	dd the cream,
				mix well and s	erve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
CI:03	Grilled Chicken	0.400Kg.	Tawa/high	Ingredients		
	Legs		rack	Chicken Leg	400 g	
				Curds	150 g	
				Lemon Juice	1 tsp	
				Salt	To taste	
				Red Chilli	1 tsp	
				Powder		
				Ginger-Garlic	2 tbsp	
				Paste		
				Cornflour	1 tbsp	
				Chopped	2 tbsp	
				Coriander		
				Dry	2 tsp	
				Fenugreek		
				Leaves		
				Paprika	1tsp	
				Lemon slices	To serve	
				Cooking Meth	od	
				1.ln a bowl, ac	ld yogurt, ginge	er-garlic paste,
				lemon juice,	salt, red	chilli powder,
				coriander, fen	ugreek leaves	,paprika and
				cornflour and	marinate the c	hicken with all
				these ingredier	nts and put it in	refrigerator for
				half an hour.		
				2.When the ch	nicken is marin	ated, put it on
				the tawa .Plac	e it on the hi	gh rack in the
				microwave ove	en.	
				3.Select the me	enu and press	START.
				4.Upon beep, t	urn the chicker	legs over and
				press START.	Serve hot with	lemon slices.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
CI:04	Chicken	0.250Kg.	Tawa /High	Ingredients		
	Sausages		rack	Chicken	250 g	
				Sausages		
				Oil	2 tbsp	

	Cooking Method
	1.Brush the sausages with oil and place it
	on the tawa. Place the tawa on the high
	rack in the microwave oven.
	2.Select the menu and press START.
	3.Upon beep, turn the sausages over and
	press START. Serve hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code					Г	
CI:05	Chicken Pulao	0.200Kg.	Microwave	Ingredients	200 g	
			Safe Glass	Basmati R	1cup	
			Bowl	ice (Soaked		
				for 15 min)		
				Boneless	200gms	
				Chicken		
				Pieces		
				Ginger garlic	1 ½ tsp	
				paste		
				Onions,	1no	
				Chopped		
				Tomato,	1no	
				Chopped		
				Green	2nos	
				chillies		
				Red chilli	1tsp	
				powder		
				Cloves	3-4nos	
				Cinnamon	2"	
				Black	2	
				Cardamom		
				Bay leaf	1no.	
				Ghee	2tsp	
				Salt	To taste	
				Turmeric	1tsp	
				powder		
				Water	2 cups	
	1	I.	1	1	<u> </u>	

		Cooking Method
		1.Wash chicken and let it drain excess
		water in a colander
		Meanwhile ,Mix together the ghee, onion,
		tomato, green
		chillies ,cloves,cinnamon,cardamom,bay
		leaf ,ginger garlic paste .Place the bowl,
		in the microwave oven, Select the menu
		and press START.
		2.Upon beep, Add chilli powder, chicken,
		turmeric and mix well, place it back in
		microwave oven and press START.
		3.Upon beep, add rice, 2cups of water and
		salt, mix well and press START.

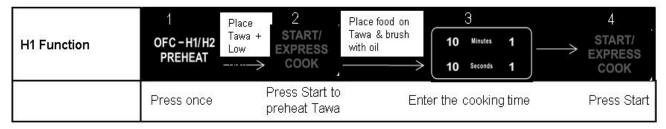
Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
CI:06	One Dish Italian	0.500Kg.	Microwave	Ingredients	500 g	
	Chicken and		Safe Glass	Basmati Rice	1cups	
	Rice		Bowl	(Soaked for 15		
				min)		
				Boneless	200gms	
				Chicken Pieces		
				Pepper powder	½ tsp	
				Garlic powder	1tsp	
				Onion powder	1tsp	
				Vinegar	1tbsp	
				Oregano	1/2 tsp	
				Oil	3tbsp	
				Tomatoes ,diced	2nos.	
				Fresh Spinach	160gms	
				leaves (cut		
				lengthwise		
				strips)		
				Chicken Broth	2 ½ cups	
				Mozarella	1/2 Cup	
				Cheese -grated		
				Salt	To taste	
				Cooking Method	·	
				1.Mix together to	omatoes, oil, salt, po	epper,
				garlic powder, or	nion powder, vinegar	, and

	oregano in microwave safe bowl. Place the
	bowl in the microwave oven, Select the menu
	and press START.
	2.Upon beep, add Spinach and chicken mix
	well and press START.
	3.Upon beep,add rice and chicken broth, mix
	well and press START. Sprinkle mozarella
	Cheese and Serve hot.

H1/H2 MODE

H1:

- 1.In standby mode, press OFC-H1/H2 PREHEAT pad once. The display will show"H-1".
- 2.Press START/EXPRESS COOK pad to start. The oven preheats 2 minutes at 100% power level. When the oven reaches the programmed temperature, the display will show": and "GRILL" with sound every 10 seconds.
- 3. Open the door and place container of food at the center of cavity floor.
- 4. Press number pad within 1 minute to enter cooking time. The longest cooking time you can set is 99 minutes and 99 seconds.
- 5.Press START/EXPRESS COOK pad to start.



H2:

- 1.In standby mode, press OFC-H1/H2 PREHEAT pad twice. The display will show"H-2".
- 2.Press START/EXPRESS COOK pad to start. The oven preheats 2 minutes at 100% power level. When the oven reaches the programmed temperature, the display will show":" and "CONV" with sound every 10 seconds.
- 3. Open the door and place container of food at the center of cavity floor.
- 4. Press number pad within 1 minute to enter cooking time. The longest cooking time you can set is 99 minutes and 99 seconds.
- 5. Press START/EXPRESS COOK pad to start.

NOTE: When reaches preheat temperature, if there is not any operation within 1 minute, the oven will auto stop and return to standby mode.



H1/H2 MENUS (HC)

- 1.In standby mode, press OFC-H1/H2 PREHEAT pad repeatedly to choose menu code, the display will show "HC:**".
- 2.Press START/EXPRESS COOK to confirm.
- 3.Press OFC-H1/H2 PREHEAT pad to choose food weight or amount.
- 4.Press START/EXPRESS COOK pad to start cooking.

H1/H2 menus:

Recipe code	Recipe Name Weight Range	e Utensils	Ingredien	ts & Cooking Method		
HC:01	Toast Exotica	0.200Kg.	Tawa / Low	Ingredients	Wt 200 gm	
			rack	Bread Slices	2	
				(sliced)		
				Sandwich	1tsp	
				spread		
				Butter	1 Tsp	
				Paneer-grated	100 gms	
				Green lettuce	2	
				leaves		
				chopped -(dip		
				in chilled		
				water		
				overnight and		
				pat dry		
				Small tomato	1no.	
				Salt and	to taste	
				pepper		
				Mustard	To taste	
				sauce		
				Black	Few slices	
				olives(sliced)		
				Cheddar	1/4 cup	
				cheese		
				Cooking Metho	od	
				1.Apply butter	to the bread, followed	l by
				sandwich sprea	ad , spread grated par	neer,
					slices, top tomatoes	
					en arrange olive slices. G	irate
				Cheese.		
					ick on the glass turnta	able.
				Keep tawa on the	ne low rack.	

	3.Select the menu and press START.(to
	preheat tawa.
	4.Place Toast Exotica on the hot tawa and
	press START.
	5.Sprinkle salt & pepper, chopped lettuce
	leaves on toast exotica before serving.

Recipe code	Recipe Name	Weight Range	Utensils	Ingredier	nts & Cooking	Method
HC:02	Crunchy Chicken	0.250Kg.	Low	Ingredients	250 gms.	
			rack/Tawa	chicken	2nos	
				breasts		
				-wash and		
				pat dry .chill		
				in the freezer		
				for 20		
				minutes, Cut		
				lengthwise		
				into thin 1/2"		
				broad, long		
				stripes		
				Marinade		
				olive oil	1-2 tbsp	
				balsamic	1-2 tbsp	
				vinegar		
				crushed garlic	1 ½ tbsp	
				mustard	1tsp	
				paste		
				tomato	2tsp	
				ketchup		
				salt and	To taste	
				pepper		
				For	As required	
				Coating-Egg		
				white & bread		
				Crumbs		
				Cooking Meth	od	
				1.Mix all ingre	dients of the n	narinade in a
				bowl.		
				2.Marinade	chicken stripe	es in the
				marinade .keep	covered in the	ne refrigerator

	for 1-2 hours or overnight in fridge.
	3.Dip the chicken fingers in egg white and
	coat with dry bread crumbs.
	4.Place low rack on the glass turntable.
	Keep oil greased tawa on the low rack.
	Select the program and press START. (to
	preheat tawa)
	5.Upon beep, Place chicken coated with
	bread crumbs on hot tawa, replace it in the
	microwave and press START.
	6. Upon beep, Serve hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:03	French Fries	0.130Kg.	Low	Ingredients	130g	
			rack/Tawa	Instant	130 g	
				French Fries		
				Oil	1 tsp	
				Cooking Method		
				1.Place low ra	ack on the gl	ass turntable.
				Keep oil great	sed tawa on	the low rack.
				Select the prog	gram and press	s START. (to
				preheat tawa)		
				2.Upon beep, F	Put instant Fren	ch fries on the
				greased tawa and brush with oil, and press		
				START.		
				3.Sprinkle with	salt and serve l	hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:04	Omelet	0.150Kg.	Tawa /Low	Ingredients	150 g	
			rack	Eggs	2	
				Onion	1	
				(Chopped)		
				Tomato	1tbsp	
				(Chopped)		
				Milk	1 tbsp	
				Salt and	As required	
				Pepper		
				Oil	1 tsp	
				oregano	1tsp	

	Chilli flakes	1tsp	
	Grated	2tbsp	
	Paneer		
	Coriander	1tbsp	
	Leaves		
	(chopped)		
	Cooking Meth	od	
	1.Beat the eggs	s, mix the chopp	oed onions,
	tomatoe, corian	der, salt, peppe	er, milk,
	oregano, chilli f	lakes, grated pa	aneer and mix
	well.		
	2.Place low rac	k on the glass t	urntable. Keep
	oil greased taw	a on the low ra	nck. Select the
	program and	press START.	(to preheat
	tawa)		
	3.Upon beep, F	our the egg mi	xture on tawa,
	spread it well a	nd press STAR	Т.
	4.Upon beep, s	erve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:05	Crunchy Paneer	0.200Kg.	Tawa /Low	Ingredients	200 g	
			rack	Paneer, Cut	200gms	
				lengthwise,		
				long stripes		
				as per		
				individual		
				choice		
				Ingredients fo	r marinade	
				Curd	3tbsp	
				Ginger garlic	1tsp	
				paste		
				Milk	1 tbsp	
				Chilli Powder	½ tsp	
				Garam	½ tsp	
				masala		
				Black pepper	1/4 tsp	
				powder		
				Salt	1tsp	
				Cornflour	2tbsp	

		Dry bread	100 gms	
		crumbs: For		
		coating		
		Cooking Meth	od	
		1.Mix all ingre	dients of the r	marinade in a
		bowl.Marinade	Paneer str	ipes in the
		marinade .Coa	t the Paneer fi	ngers with dry
		bread crumbs	·	
		2.Place low rac	k on the glass to	urntable. Keep
		oil greased taw	a on the low ra	ick. Select the
		menu and press	s START. (to p	oreheat tawa)
		3.Upon beep, F	lace the Panee	er on tawa and
		press START.		
		4.Upon beep, s	erve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:06	Patrani Machi	0.300Kg.	Tawa /Low	Ingredients	300 g	
			rack	Bhetki fish	300gms	
				fillet (wash		
				and drain		
				water)		
				Salt	1/4 tsp	
				Lemon juice	1tbsp	
				Marinade 2		
				Coconut	½ cup	
				grated		
				Coriander	50gms	
				Green	5-6 nos	
				chillies		
				chopped		
				Black	2tbsp	
				mustard		
				paste		
				Kashmiri	1/2tsp	
				chilli powder		
				Mustard oil	3tbsp	
				Salt	To taste	
				Banana	Wash and	
				leaves :for	wipe clean	
				covering	with a soft	

fi	ish	clean cloth.	
C	Cooking Method		
1	1.Marinade fish with salt and lemon juice for		
1	10 minutes.		
2	2.Mix all the in	gredients of m	arinade 2 and
n	mix in fish fillet		
3	3.Wrap one p	iece of fish fil	let to banana
le	eaf.		
4	4 Brush oil on t	the patrani mad	hi.
	5.Place low r	ack on the gl	ass turntable.
Ke	eep oil greas	sed tawa on	the low rack.
Se	select the prog	gram and press	START. (to
pr	reheat tawa)		
6	6.Upon beep, Place banana leaf wrap fish		
or	on the tawa and press START.		
7	7.Upon beep,	serve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:07	Veg Fingers	0.250Kg.	Tawa /Low	Ingredients	250 g	
			rack	Veg. Fingers	250gms	
				(Ready to		
				fry)		
				Oil	1tbsp	
				Cooking Method		
				1.Place low rac	k on the glass to	urntable. Keep
				oil greased taw	a on the low ra	ick. Select the
				program and	press START.	(to preheat
				tawa)		
				2.Upon beep, P	lace Ready to f	ry Veg. fingers
				on the tawa, brush veg. fingers with oil and		
				press START.		
				3 Upon beep, s	erve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		ı
Code						
HC:08	Sabudana Vada	0.250Kg.	Tawa/Low	Ingredients		
			rack	Sabudana	4 cups	
				(Soaked)		
				Boiled	2 medium	
				potato(mashed)		

	Green chillies	6-7 nos or
		as per taste
	Chopped	3-4 tbsp
	coriander	
	Groundnuts	¾ th cup
	(roasted and	
	crushed)	
	Besan	2 tbsp
	Rajgeera flour	1tbsp
	Sugar	½ tsp
	Cumin	1tsp
	Olive oil	2 tbsp for
		frying
	Cooking Method	t
	1.Wash the sag	o with water 2-3 times and
	discard all the	water and leave it covered
	overnight. Apply	about 2-3 tsp of yogurt while
	leaving it to soa	ak overnight, this imparts a
	mildly sour taste	to the vada.
	2.Mix all the oth	er ingredients into the sago
	and mix properl	y, ensure that the potatoes
	are properly mas	hed.
	3.Make medium	size balls and flatten them to
	give the vadas sl	nape.
	4.Place low rack	on the glass turntable. Keep
	tawa(grease with	oil) on the low rack.
	5.Select the prog	gram and press START. (to
	preheat tawa)	
	6.Upon beep, Pla	ace Sabudana Vada on the
		with oil and press START.
	7.Upon beep, ser	ve hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:09	Veg Manchurian	0.250Kg.	Tawa /Low	Ingredients		
			rack	Cabbage	½ cup	
				(grated)		
				Carrot (grated)	½ cup	
				French	¼ cup	
				beans(chopped)		
				Spring onions	1/4 cup	

		(chopped)		
		cornflour	2tbsp	
		Maida	1 tbsp	
		Pepper powder	1/8 th tsp	
		Olive oil	2 tbsp for	
			frying	
		Cooking Method		
		1.Mix in all the	ingredients wit	h vegetables
		(grated /chopped) until it binds	together as a
		dough .(microwa	∕e at PHI for a i	minute)
		Take a small po	rtion of the mi	xture in your
		hands. press an	d roll it in yo	ur palm and
		make a round ve	ggie ball.	
		2.Place low rack	on the glass tu	rntable. Keep
		tawa(grease with	oil) on the lov	v rack.
		3.Select the prog	ram and press	START. (to
		preheat tawa)		
		4.Upon beep, P	lace Manchuri	an on the
		tawa, and press S	TART.	
		5.Upon beep, ser	ve hot or add to	o Manchurian
		gravy.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients a	nd Cooking Me	ethod
Code						
HC:10	Samosa	0.250Kg.	Tawa /Low	Ingredients	250 g	
			rack	Samosas	250gms	
				(Ready to		
				fry)		
				Oil	1tbsp	
				Cooking Method		
				1.Place low rad	ck on the glass to	urntable. Keep
				oil greased tav	va on the low ra	ick. Select the
				program and	press START.	(to preheat
				tawa)		
				2.Upon beep,	Place Ready to	o fry samosas
				on the tawa, b	rush the samos	as with oil and
				press START.		
				3.Upon beep,	serve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients a	nd Cooking Me	ethod
Code						
HC:11	Potato wedges	0.180Kg.	Tawa /Low	Ingredients	180 g	
			rack	Potato	180gms	
				wedges		
				(Ready to		
				fry)		
				Oil	1tbsp	
				Cooking Met	nod	
				1.Place low rac	ck on the glass t	urntable. Keep
				oil greased tav	va on the low ra	ck. Select the
				program and	press START.	(to preheat
				tawa)		
				2.Upon beep,	Place Ready	to fry Potato
				wedges on the	tawa, brush the	em with oil and
				press START.		
				3.Upon beep, s	serve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients a	nd Cooking Me	ethod
Code						
HC:12	Chicken Nuggets	0.200Kg.	Tawa /Low	Ingredients	200 g	
			rack	Chicken	200gms	
				Nuggets		
				(Ready to		
				fry)		
				Oil	1tbsp	
				Cooking Meth	nod	
				1.Place low rac	k on the glass to	urntable. Keep
				oil greased taw	a on the low ra	ck. Select the
				program and	press START.	(to preheat
				tawa)		
				2.Upon beep,	Place Ready t	o fry Chicken
				Nuggets on the	tawa, and pres	s START.
				3.Upon beep, s	serve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:13	Veg. Spring Rolls	0.200Kg.	Tawa /Low	Ingredients	200 g	
			rack	Veg Spring	200gms	
				Rolls (Ready		
				to fry)		

	Oil	1tbsp			
			Cooking Meth	od	
			1.Place low rack on the glass turntable. Keep		
			oil greased tawa on the low rack. Select the		
			menu and press	s START. (to p	oreheat tawa)
			2.Upon beep, F	Place Ready to	fry veg Spring
			rolls on the tawa, and press START.		
			3.Upon beep, s	erve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients ar	nd Cooking Me	thod
Code						
HC:14	Aloo Tikki	0.200Kg.	Tawa /Low	Ingredients	200 g	
			rack	Aloo Tikki	200gms	
				(Ready to		
				fry)		
				Oil	1tbsp	
				Cooking Meth	od	
				1 .Place low i	rack on the gl	ass turntable.
				Keep oil great	sed tawa on	the low rack.
				Select the me	nu and press	START. (to
				preheat tawa)		
				2.Upon beep, P	lace Ready to f	ry aloo tikki on
				the tawa, and p	ress START.	
				3 .Upon beep, s	serve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		Method
code						
HC:15	Smilies	0.250Kg.	Tawa/low	Ingredients	250gms	
			rack	Instant	10 pieces	
				Smilies		
				Oil	1 tsp	
				Cooking Met	hod	
				1.Place oil g	reased tawa or	n low rack in
				microwave ov	en. Select me	nu and press
				START.		
				2.Upon beep, place the smilies on the tawa,		s on the tawa,
				brush with oil and press START.		
				3.Sprinkle with	n salt and serve	hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		Method
code	Daga (acti)	COml nor door	Towa /h i ah	Ingradianta		
HC:16	Dosa (soft)	60ml per dosa	Tawa/high rack	Ingredients	160ml	
			rack	Dosa batter	160mi	
				(room temp)	Atan	
				Oil	4 tsp	
				Cooking Meth		
					eased tawa or	•
					ven. Select th	ne menu and
				press START.		
				2.Upon beep,	pour & spread	dosa batter on
				the tawa and p	oress START.	
				3. Upon beep	remove dosa,	keep the high
				rack along wit	h the oil greas	ed tawa in the
				mwo and p	oress START	to preheat
				tawa.repeat st	ep 2	
				<i>Note:</i> You can	make 5 dosas	by repeating
				step 3 & Step	2.	
				After first dosa	a (60ml), the dis	splay will show
				countdown for	10 seconds, o	pen and close
				the door within	n the 10 second	ds, the system
				will auto auto	omatic switch	over to dosa
				2(60ml) and	the display w	rill show total
				cooking time.	Press START/0	QUICK START
				•	s way, the ENI	
					ooking to dosa	, ,

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
HC:17	Parmesan	0.200Kg.	Borosil	Ingredients	200gms
	Cauliflower Bites		bowl/Low	Bread	1Cup
			rack/Tawa	Crumbs	
				Parmesan	1/4 cup
				Cheese	
				Cauliflower	4 cups
				Florets	
				Egg	1no.
				Paprika,	1/4 tsp each
				garlic	
				powder,	

	black pepper		
	powder,		
	Onion		
	powder,		
	Oregano		
	and thyme		
	Salt	To taste	
	Oil	2tbsp	
	Cooking Meth	nod	
	1.Place the b	orosil bowl w	ith cauliflower
	florets in micro	owave oven. Se	elect the menu
	and press STA	ART.	
	2.In a large b	owl, combine	breadcrumbs,
	Parmesan che	eese, paprika,	garlic powder,
	black peppe	r powder, oi	nion powder,
	oregano, salt a	and thyme.	
	3.working in b	atches, Dip cau	ıliflower in into
	eggs, and dre	dge in bread cr	umbs mixture,
	pressing to co	at.	
	4.Preheat the	oil greased tav	va : keep it on
	low rack in r	microwave ove	en ,select the
	menu and pre	ss START.	
	5.Upon beep,	place the caul	iflower on the
		th oil and press	START.
	6.Serve hot		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
HC:18	Beetroot Rolls	0.200Kg.	Low	Ingredients	200gms
			rack/Tawa	Boiled and	1no.
				mashed potato	
				Beetroot boiled	1no.
				and grated	
				boiled	1 small
				carrot	
				Onion Chopped	1no
				Cumin powder	1tsp
				Salt	To taste
				Garam masala	1 tsp
				Chaat masala	1tsp

		Lemon juice	1tsp	
		Bread crumbs	2 tbsp.	
		Oil	1 tbsp	
		Cooking Method		
		1 .Add onion, grate	ed carrot, beetro	ot,
		Cumin powder, gai	ram, masala, len	non juice,
		salt, chaat masala	and mashed pot	tato. Mix
		thoroughly to bind	the ingredients t	ogether.
		2.Take a portion of	of the mixture, a	nd roll it to
		give desired shape).	
		3.Roll them in br	ead crumbs to	coat them
		properly.		
		4.Place low rack o	n the glass turnt	table. Keep
		oil greased tawa	on the low rack.	Select the
		menu and press S	TART. (to preh	eat tawa)
		5.Upon beep, Pl	ace beetroot ro	olls on the
		tawa, and press S	TART.	
		6.Upon beep, serv	ve hot.	

Recipe code	Recipe Name	Weight Range	Utensils	Ingredients	s & Cooking Method
HC:19	Paneer And Oats	0.250Kg.	Low	Ingredients	250gms
	Tikki	Ü	rack/Tawa	Oats (grind to	1cup
				powder)	
				Brown bread	½ cup
				crumbs	
				Grated carrots	½ cup
				Grated Paneer	100gms
				Boiled potato	1cup
				(boiled &	
				mashed	
				coarsely)	
				Mint leaves	1tsp
				powder	
				Green chillies	2-3nos
				(chopped)	
				Grated ginger	1 tsp
				Coriander	½ cup
				leaves	55P
				Chat masala	1tsp

		Red chilli	1tsp	
		powder	ПОР	
		Ajwain seeds	1 tsp	
		curd	As required	
		Salt	To taste	
		Oil	1tbsp	
		Cooking Method		
		1.Mix together cori	ander leaves, mint leave	:S
		powder , ginger, gr	een chilles , mashed	
		potatoes, ground o	ats, grated carrot, grated	k
		paneer ,green chill	ies chopped,chat	
		masala,chilly powe	ler and ajwain seeds.	
		2.Add curd to	bind the ingredie	nts
		together.Add salt a	s per taste.	
		3.Lightly wet hand	s and make 12 tikkis fr	om
		this mixture.		
		4.Place low rack o	n the glass turntable. Ke	ер
		oil greased tawa o	on the low rack. Select	the
		menu and press S	TART. (to preheat tawa	1)
		5.Upon beep, Plac	e Paneer Oats Tikki on	the
		tawa, brush with oi	I and press START.	
		6.Upon beep, serv	e hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	nts & Cooking Method
code					
HC:20	Egg Fry	0.050Kg.	Low	Ingredients	50gms
			rack/Tawa	Egg	1no
				Salt	To taste
				Oil	1tbsp
				Cooking Metho	od
				1.Place low rack	on the glass turntable. Keep
				oil greased tawa	a on the low rack. Select the
				menu and press	START. (to preheat tawa)
				2.Upon beeps,	break egg on the tawa, and
				press START.	
				3.Upon beep, fl	ip the egg and press START.
				4.Sprinkle salt a	and serve.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients	& Cooking Metho	od
code						
HC:21	Stuffed Brinjal	0.200Kg.	Low	Ingredients	200gms	
			rack/Tawa	Brinjal	200gms	
				Boiled and	3-4nos	
				mashed potato		
				Garam masala	½ tsp	
				Amchur powder	1 tsp	
				Ginger garlic	1tsp	
				paste	, top	
				Turmeric	1/4 tsp each	
				powder , redchilli		
				powder,coriander		
				powder, cumin		
				powder		
				Salt	To taste	
				Oil	1tbsp	
				Cooking Method		
				1 Slit the brinjals, add salt and keep aside.		
				2.potato stuffing	: Mix together	mashed
				potato, garam mas	ala, amchur powde	r, ginger
				garlic paste, turi	meric powder, re	ed chilli
				powder, coriander	powder, cumin pow	der and
				salt.		
				3.Stuff the brinjals with the potato stuffing .		
				4.Place low rack o	n the glass turntab	le. Keep
				oil greased tawa o		
				menu and press S	, ,	,
					e the stuffed brinja	ls on the
				tawa, and press S		
					ush the brinjal with	oil and
				press START.		
				7.Serve hot.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients	& Cooking Method	t .
code						
HC:22	Veg Pakodas	0.060Kg.	Low	Ingredients		
			rack/Tawa	Besan	1cup	
				Onion chopped	¼ cup	
				Chopped Palak	¼ cup	

		Grated carrot	1tbsp	
		Ginger garlic paste	½ tsp	
		Oil	3 tsp	
		Salt	To taste	
		water	100ml	
		Cooking Method		
		1.Mix all the ingre	edients for pre	paring veg
		pakoda thick batte	r.	
		2.Place low rack o	n the glass turn	table. Keep
		oil greased tawa o	on the low rack.	Select the
		menu and press S	TART. (to preh	eat tawa)
		3.Upon beeps, pl	lace 1 tbsp of b	oatter each
		covering the space	ce on the tawa,	and press
		START.		
		4.Serve hot		

Recipe	Recipe Name	Weight Range	Utensils	Ingredie	nts & Cooking	Method
code						
HC:23	Cheese Straws	0.150Kg.	Tawa	Ingredients		
				Maida	100 gms	
				Butter	50 gms	
				Grated	25 gms.	
				cheese		
				Cold water	as required	
				pepper	^{1/4} tsp,	
				powder		
				Baking	1/8 tsp.,	
				Powder		
				chili powder	^{1/4} tsp	
				salt	1/4 tsp	
				Cooking Metho	od	
				1.Sieve the ma	ida, pepper pow	der, baking
				powder, chilli p	owder and salt i	n a bowl.
				2.Mix the flour,	butter and chee	se and add a
				little cold water	to make a soft of	dough.
				3.Roll it as a ro	ti and cut thin st	rips, twist
				them and keep	aside.	
				4.Place low rac	k on the glass tu	rntable. Keep
				oil greased taw	a on the low rac	k. Select the

		menu and press START.	(to preheat tawa)
		5.Upon beeps, place the o	cheese straws on
		the tawa, and press STAF	RT.
		6. Cool the cheese straws	on a wire rack
		and Serve with tea or coff	ee.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients a	nd Cooking Me	ethod
Code						
HC:24	Fish Fingers	0.200Kg.	Tawa /Low	Ingredients	200 g	
			rack	Fish	200gms	
				Fingers		
				(Ready to		
				fry)		
				Oil	1tbsp	
				Cooking Meth	nod	
				1. Place low	rack on the g	lass turntable.
				Keep oil grea	sed tawa on	the low rack.
				Select the me	enu and press	START. (to
				preheat tawa)		
				2. Upon beep	, Place Read	y to fry Fish
				fingers on the t	awa, and press	START.
				3. Upon beep,	serve hot.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients ar	nd Cooking Method
Code					
HC:25	Achaari Bhindi	0.150Kg.	Tawa /Low	Ingredients	
			rack	Lady	150gms
				Fingers	
				(Ready to	
				fry)	
				Chilli powder	½ tsp
				Salt	To taste
				Chat masala	1tbsp
				Turmeric	1/4 tsp
				powder	
				Amchur	½ tsp
				powder	
				Oil	1tbsp
				Cooking Meth	od
				1.Mix together of	chilli powder, salt, chat
				masala,turmerio	powder and amchur powder

		2.Wash bhindi and dry it with clean kitchen
		cloth. Separate the ladyfingers lengthwise
		into 2 pieces.Apply the spice mix to
		bhindi.Mix in oil.
		3.Place low rack on the glass turntable. Keep
		oil greased tawa on the low rack. Select the
		menu and press START. (to preheat tawa)
		4. Upon beep, Place spiced lady fingers on
		the tawa, and press START.
		5. Upon beep, serve hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method	
code					
HC:26	Fish Tandoor	0.250Kg.	Low	Ingredients	Wt 250gm
			rack/Tawa	Pomfret	250gms
				(clean the	
				fish)	
				Lemon juice	1tbsp
				Coriander	50gms
				(fresh	
				leaves)	
				Green chilli	4nos
				chopped	
				Garlic	8 flakes
				Kashmiri	1tsp
				Chilli	
				Powder	
				Besan flour	1tsp
				Mustard Oil	4tbsp
				Tandoori	A pinch
				Food Color	
				Salt	As per taste

Cooking Method
1. Marinade fish with salt and lemon juice
for 5 minutes.
2. Grind green chilli, coriander & garlic to
fine paste .Add chilli powder, besan, food
color and mix well.
3. Apply spice paste to fish and let it
marinate for 10 minutes.
4. Place low rack on the glass turntable.
Place tawa on low rack.
5. Select the menu and Press START. To
preheat tawa
6. When beep , place the fish on the tawa
and press START
7. Serve hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients a	Ingredients and Cooking Method		
Code							
HC:27	Aloo Paneer	0.800Kg.	Tawa /High	Ingredients			
	Paratha		rack	Maida	1 cup		
				Potato	1no		
				(boiled &			
				Mashed)			
				Paneer	4tbsp		
				(grated)			
				Coriander	1tsp		
				Leaves			
				Jeera	1tsp		
				powder			
				Garlic	1tsp		
				powder			
				Garam	1/2 tsp		
				masala			
				Salt	As per taste		
				Olive oil	2tsp		
				Cooking Met	hod		
				1. Mix the mai	da & water into soft dough.	•	
				2.For prepar	ing Stuffing: Mix toge	ther	
				mashed pota	to, paneer, coriander,je	era,	
				Garlic, garam	masala and salt.		
				3.Roll out a po	rtion of the dough (70gms))into	

		4" diameter.
		4.Place portion of stuffing at the centre and
		bring the edges together at the centre to seal
		tightly.
		5.Roll out again into a circle of 6" diameter.
		6. Place high rack on the glass turntable.
		Keep oil greased tawa on the high rack.
		Select the program and press START.
		7. Upon beep, Place the paratha on tawa,
		and press START.
		8. Upon beep, flip the paratha upside down
		on the tawa and press START
		9. Upon beep, serve paratha hot with curd.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients a	Ingredients and Cooking Method		
Code							
HC:28	Cheesy Garlic	0.100Kg.	Tawa /Low	Ingredients			
	Bread		rack	Bread	2nos		
				slices			
				Pizza	100gms		
				Cheese			
				Grated			
				Oregano	1tsp		
				Black pepper	½ tsp		
				powder			
				Milk	3 tbsp		
				Garlic paste	1tsp		
				Butter	2tbsp		
				Cooking Meth	nod		
				1.Spread butt	er and garlic	paste mix on	
				bread.			
				2.Mix in cheese	e, oregano, bla	ck pepper and	
				milk and sprea	d on top of bu	tter and garlic	
				layer.			
				3.Place low rac	k on the glass t	urntable. Keep	
				oil greased tawa on the low rack. Select the			
				program and	press START.	(to preheat	
				tawa)			
					Place cheesy of	garlic bread on	
				the tawa, and	press START.		
				5.Upon beep,	serve hot.		

Recipe Code	Recipe Name	Weight Range	Utensils	Ingredients ar	nd Cooking Me	ethod
HC:29	Omlette Tortilla	0.200Kg.	Tawa /Low	Ingredients		
	Wrap		rack	Egg whites	2nos	
				Small onion,	1no	
				thinly sliced		
				Chopped	1tbsp	
				tomato		
				Fat free milk	1tbsp	
				Oregano	1tsp	
				Pepper	1/8 tsp	
				Capsicum	1/4 th	
				thinly sliced		
				Red chilli	1tsp	
				flakes		
				Grated	2tbsp	
				paneer		
				Salt	To taste	
				Grated	1tbsp	
				Cheese: to		
				spread on		
				top of		
				omlette		
				Tortilla wrap	1no	
				Tomato	To serve	
				sauce		
				Cooking Meth		
						e egg whites,
					chopped t	
				oregano, pepp		ed chilli flakes,
				salt and panee		
				2.Place low rac	•	•
				oil greased taw		
				menu and press		
				3. Upon beep,		
				mix on the tawa		
				4. Upon beep, r		nap and serve
				hot with tomato	sauce.	

Recipe	Recipe Name	Weight Range	Utensils	Ingredients	s & Cooking Meth	od
HC:30	Baked Arbi	0.250Kg.	Low	Ingredients	250gms	
			rack/Tawa	Arbi / yam /	250gms	
				Seppankizhangu		
				Red Chili	1tsp	
				powder		
				Ginger garlic	½ tsp	
				paste		
				Cornflour	½ tsp	
				Salt	To taste	
				Oil	1tbsp	
				Cooking Method		
				1. In a microwave	safe container add	Washed
				Arbi along water	Place it in microwa	ave oven.
				2 Select the menu	u and press START	
				3. Upon beep, let	t it cool, then Peel	the skin
				and cut into 1" pie	eces. Then transfe	r the Arbi
				in a bowl along wi	th the other ingred	ients and
				mix well. Keep it a	aside for 5 mins.	
				4.Place low rack of	on the glass turntat	ole. Keep
				oil greased tawa	on the low rack a	nd press
				START. (to preh	eat tawa)	
				5.Upon beeps, pla	ace Arbi on the ta	awa, and
				press START.		
				6. Serve hot.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		
code						
HC:31	Simla Mirch	0.200Kg.	Low	Ingredients	200gms	
	Stuffed		rack/Tawa	Simla Mirch	200gms	
				Boiled and	3-4nos	
				mashed potato		
				Garam masala	½ tsp	
				Amchur powder	1 tsp	
				Ginger garlic	1tsp	
				paste		
				Turmeric	1/4 tsp each	
				powder,		
				redchilli powder,		

		coriander		
		powder, cumin		
		powder		
		Salt	To taste	
		Oil	1tbsp	
		Cooking Method		
		1. Slit the simla min	rch, add salt and	keep
		aside.		
		2.Potato stuffing:	Mix together ma	shed
		potato, garam mas	ala, amchur pow	der, ginger
		garlic paste, turme	ric powder, red c	hilli
		powder, coriander	powder, cumin p	owder and
		salt.		
		3.Stuff the mirch w	ith the potato stu	iffing .
		4.Place low rack o	n the glass turnt	able. Keep
		oil greased tawa o	on the low rack.	Select the
		menu and press S	TART. (to prehe	eat tawa)
		5.Upon beeps, pl	ace the stuffed	mirch, and
		press START.		
		6. Upon Beep, br	ush the mirch v	vith oil and
		press START		
		7 .Serve hot.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients	& Cooking Method
code					
HC:32	Stuffed Karela	0.200Kg.	Low	Ingredients	200gms
			rack/Tawa	karela	200gms
				Boiled and	3-4nos
				mashed potato	
				Garam masala	½ tsp
				Amchur powder	1 tsp
				Ginger garlic	1tsp
				paste	
				Turmeric	1/4 tsp each
				powder,	
				redchilli powder,	
				coriander	
				powder, cumin	
				powder	
				Salt	To taste

		Oil	1tbsp	
		Cooking Method		
		1. Slit the karela, a	dd salt and keep	aside.
		2. Potato stuffing	: Mix together m	ashed
		potato, garam mas	ala, amchur pow	der, ginger
		garlic paste, turme	ric powder, red o	chilli
		powder, coriander	powder, cumin p	owder and
		salt.		
		3. Stuff the karela	with the potato s	tuffing .
		4. Place low rack of	on the glass turn	table. Keep
		oil greased tawa	on the low rack.	Select the
		program and pre	ess START. (to preheat
		tawa)		
		5. Upon beeps, p	lace the karela,	and press
		START.		
		6. Upon beep, brush the karela with oil and		
		press START		
		7. Serve hot.		

Recipe code	Recipe Name	Weight Range	Utensils	Ingredie	ents & Cooking	Method
HC:33	Bati	0.350Kg.	Low rack +	Ingredients	Wt 350gm	
			Tawa	Wheat flour	300 gms.	
				Gram flour	50 gms.	
				Makai ka	50 gms.	
				atta		
				Salt	As per your	
					taste	
				Water	As required	
				Ghee	1 cup	
				Cooking Met	hod	
				1. Mix the dif	ferent flours tog	ether with as
				much water &	salt as required	l. Make round
				balls of 50-60	g each of the	dough. Press
				them slightly t	o create bati sha	ape.
				2. Place the ta	awa on the low r	ack, keep it in
				microwave ov	en.	
				3. Select the r	menu and press	START.
				4. After prehe	at, place the bat	i on tawa and
				press START.		

		5. Upon beep, Brush ghee on bati ,flip
		upside down and press START.
		6. Serve bati with dal.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients & Cooking Method		
code						
HC:34	Crispy Methi	0.050Kg~0.060Kg	Low rack +	Ingredients		
	Puris		Tawa	Wheat flour	1 cup	
				Kasoori	2tbsp	
				methi		
				Turmeric	1/4 tsp	
				powder		
				Coriander	½ tsp each	
				cumin seeds		
				powder		
				Oil	2tsp	
				Salt	To taste	
				Cooking Method		
				1. Mix all the	e ingredients in	a bowl and
				knead into stif	f dough using e	nough water.
				Keep aside fo	r 10-15 minutes	
				2.Divide the c	lough into 20 e	qual portions
				and roll out e	each portion in	to a circle of
				75mm.		
				3.Grease tawa	a using oil.	
				4.Place the ta	wa on the low ra	ack, keep it in
				microwave ov	en.	
				5.Select the	e program	and press
				START-prehea	at mode.	
					at, place 6-8 n	
					tawa and press	
				7.Cool the pu	ris on wire rack	and store in
				air tight jar.		

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						
HC:35	Veg. Nuggets	0.250Kg.	Low	Ingredients		
			rack/Tawa	Instant	250 g	
				French Fries		
				Oil	1 tsp	

		Cooking Method
		Place low rack on the glass turntable.
		Keep oil greased tawa on the low rack.
		Select the menu and press START. (to
		preheat tawa)
		2. Upon beep, Place instant Veg nuggets on
		the greased tawa and brush with oil, and
		press START.
		3. Serve hot.

Recipe Code	Recipe Name	Weight Range	Utensils	Ingredients an	Ingredients and Cooking Method	
HC:36	Prawn Rawa Fry	0.200Kg.	Low	Ingredients		
			rack/Tawa	Big	200 g	
				prawns(de		
				skinned and		
				de threaded)		
				Lemon juice	1tbsp	
				Red chilli	1tsp	
				powder		
				Turmeric	1/2tsp	
				powder		
				Cumin	1/4 tsp	
				powder		
				Coriander	1/4 tsp	
				powder		
				Ginger garlic	1tsp	
				paste		
				Salt	To taste	
				Bread	1/4 cup	
				Crumbs		
				Oil	1 tsp	
				Cooking Metho	od	
				1. Wash prawr	ns, apply salt ,	lemon juice ,
				chilli powder, t	urmeric , cumi	n , coriander,
				ginger garlic p	paste and mai	rinade for 10
				minutes.		
				2. Roll the praw	ns in bread cru	ımbs.
				3.Place low ra	ack on the gla	ass turntable.
				Keep oil great	sed tawa on	the low rack.
				Select the me	nu and press	START. (to

	р	oreheat tawa)
	4.	I.Upon beep, Place bread crumbs coated
	pı	prawns on the greased tawa and brush with
	oi	oil, and press START.
	5.	5. Serve hot.

Recipe	Recipe Name	Weight Range	Utensils	Ingredients and Cooking Method		
Code						Т
HC:37	Fish Cutlet	0.200Kg.	Low	Ingredients		
			rack/Tawa	Fish	3 nos	
				(Mackerel)		
				(cleaned and		
				Steamed)		
				Onions	2nos.	
				Coriander	½ cup	
				leaves		
				Green chillies	2nos.	
				Garlic ,finely	2cloves	
				minced		
				Ginger paste	1/4 tsp	
				Tamarind	½ tsp	
				pulp		
				Garam	1/4 tsp	
				masala		
				Eggs	2nos	
				Salt & Pepper	To taste	
				Bread	½ cup	
				Crumbs		
				Oil	1 tsp	
				Cooking Metho	od	
				1. Flake the fish	flesh and disc	ard the bones.
				2. In a grinder, b	olend together f	inely the fresh
				coriander leave	es, green chil	lies, tamarind
				pulp, ginger and	d garlic to make	a thick paste.
				3. Mix together	fish, minced on	ion, the green
				paste, garam r	nasala, and a	djust salt and
				pepper as nece	ssary.	
				4.Roll the cr	oquettes into	oval-shaped
				cutlets of equa	I size and kee	p them in the
				refrigerator for	about 30min	utes so they
				retain their shap		-

5.Whisk the eggs together and pour the
breadcrumbs on a flat plate. roll the
croquettes one by one in the egg wash and
roll them onto the breadcrumbs .
6.Place low rack on the glass turntable.
Keep oil greased tawa on the low rack.
Select the menu and press START. (to
preheat tawa)
7.Upon beep, Place bread crumbs coated
fish cutlet on the greased tawa and brush
with oil, and press START.
8. Serve hot.

NOTE:

- •For the menu cook at convection mode, when reaches the preheat temperature, the oven will pause with sound every 10 seconds to remind user to place food into the oven. After that, press START/EXPRESS COOK pad to enter the next stage. If user without operating within 10 minutes the oven will sound 4 beeps and auto end the cooking program.
- •For multi-stage cooking menu with grill, microwave or convection in the first stage, after finish the first stage cooking, the oven will pause with sound to remind user place food into the oven. Close the door, press START/EXPRESEE COOK pad into next stage cooking.
- •For Dosa, after finish cooking, the oven will start 10 seconds countdown, open the oven door within 10 seconds can switch into next stage cooking (the system has set the cooking time and power level). Close the oven door, press START/EXPRESEE COOK to resume. You can repeat this operation five times

CLEANING AND CARE

- 1. Turn off the oven and remove the power plug from the wall socket before cleaning.
- 2. Keep the inside of the oven clean. When food splatters or spilled liquids adhere to oven walls, wipe with a damp cloth. Mild detergent may be used if the oven gets very dirty. Avoid the use of spray and other harsh cleaners as they may stain, streak or dull the door surface.
- 3. The outside surfaces should be cleaned with a damp cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into the ventilation openings.
- 4. Wipe the door and window on both sides, the door seals and adjacent parts frequently with a damp cloth to remove any spills or spatters. Do not use abrasive cleaner.
- 5. A steam cleaner is not be used.
- 6. Do not allow the control panel to become wet. Clean with a soft, damp cloth. When cleaning the control panel, leave oven door open to prevent oven from accidentally turning on.
- 7. If steam accumulates inside or around the outside of the oven door, wipe with a soft cloth. This may occur when the microwave oven is operated under high humidity condition. And it is normal.
- 8. It is occasionally necessary to remove the glass tray for cleaning. Wash the tray in warm sudsy water or in a dishwasher.
- 9. The roller ring and oven floor should be cleaned regularly to avoid excessive noise. Simply wipe the bottom surface of the oven with mild detergent. The roller ring may be washed in mild sudsy water or dishwasher. When removing the roller ring from cavity floor for cleaning, be sure to replace in the proper position.
- 10. Remove odors from your oven by combining a cup of water with the juice and skin of one lemon in a deep microwaveable bowl, microwave for 5 minutes. Wipe thoroughly and dry with a soft cloth.
- 11. When it becomes necessary to replace the oven light, please consult a dealer to have it replaced.
- 12. The oven should be cleaned regularly and any food deposits removed. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- 13. Please do not dispose this appliance into the domestic rubbish bin; it should be disposed to the particular disposal center provided by the municipalities.
- 14. When the microwave oven with grill function is first used, it may produce slight smoke and smell. This is a normal phenomenon, because the oven is made of a steel plate coated with lubricating oil, and the new oven will produce fumes and odor generated by burning the lubricating oil. This phenomenon will disappear after a period of using.

WARRANTY

IFB Industries Limited.("The Company") warrants to the original domestic purchase of this microwave oven ("Appliances") that it is free from defects in workmanship & materials. During 12 months from the date of purchase of the new microwave oven model, all the parts of the microwave oven and 36 months on Magnetron & Cavity, shall be replaced or repaired free of charge, on intimation to the Company I Company's authorized service centre nearest to the place where the appliance is installed This warranty is subject to Limitations of Warranty.

LIMITATIONS OF WARRANTY

- 1. This warranty is not valid in case of the following events.
- a) If the warranty cardisnot fully and properly filled in and signed at the time of purchase linst a llation by the Company's authorized dealer I service engineer.
- b) Ifthecompletedwarrantycardisnotpresentedtotheauthorisedpersonnelatthetimeofs ervice I repair.
- If the appliance is not used in accordance with manufacturer's instructions given in the Operating Manual.
- d) If the appliance has been serviced, repaired, opened or tampered by any unauthorized personnel.
- e) If defects arise I caused by accidents, alteration, misuse, neglect, abuse, substitution of original components with spurious I non-genuine components, attack by household pests I rodents, fire, flood, earth-quake, lightning and I or any other acts of God I natural calamities.
- f) If damages occur by improper electrical, circuit outside the appliance or by any defective electrical supply thereof.
- g) If the machine serial number on the appliance is defaced, missing or altered.
- h) If the appliance is taken out of India.
- 2. This warranty does not cover any type of painting, plating including rusting etc or defects thereof.
- 3. This warranty does not cover normal wear and tear of parts.
- 4. Liability for consequential damages is neither accepted nor implied.
- 5. Parts replaced or repaired under this warranty are warranted throughout the remaining of the original warranty period.
- 6. Company is not liable for any delay in servicing due to reasons beyond the control of the company or any of its authorized service center.
- 7. This warranty is not applicable, if the microwave oven is used for commercial purpose of at places like Institutions, Hotels, Hostels, Hospitals, Community Halls and other similar applications.
- 8. For any service under this warranty beyond city I town I municipal limits from the Company I authorized service centre, a fixed charge of Rs. 250 /- will be collected from the customer in addition to the actual to and fro charges by the shortest route. Alternatively the customer can bring the appliance to the nearest service centre for carrying out the necessary repairs, at customer's own cost.
- 9. During the warranty period whenever the appliance is shifted from the original city of purchase to another city / town where service is provided by the company's authorized service agent, a warranty transfer charge of Rs. 300 /- will be collected from the customer by the company's authorized service agent. The above charges also include the reinstallation of the appliance. However incase of transfer to a city where the company provides direct service, a nominal charge of Rs. 250 /- only will be collected from the customer towards reinstallation. The Company, however, shall not undertake the responsibility of shifting/ transferring the appliance from the location where the appliance was originally installed.
- 10. This warranty is issued subject to the jurisdiction of Kolkata courts, and /or other judicial/quasi judicial forums having jurisdiction over the registered office of the Company.

Note	: For all t	types of	repairs /	maintenance	under	warranty,	the	appliance	shall b	е
brou	ght to the	neares	st							

Compa	ıny service	centre or	its author	ised servic	e agent

CUSTOMER COPY

Mr./Mrs./Ms	
Address	
Telephone No.:	
Model Name:	
Serial No.:	
Date of Purchas	e:
Cash Memo No.	
Dealer Name & A	Address:
==	
	Service Station Copy
	от тое от тору
Mr./Mrs./Ms	
Mr./Mrs./Ms Address	
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Address Telephone No.:	
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Address Telephone No.: Model Name: Serial No.: Date of Purchas	e: Products Owned by the customer: (Please tick in the appropriate box) thine Refrigerator Color TV 100%ClothesDryer Dishwasher

IFB Industries Limited Regd.off: 14Taratolla Road Kolkata - 700088